**DONNA K. SCHMIDT, MA, NCC, LPC**

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**Education**

Master of Arts in Counseling, with Honors, Denver Seminary, Denver, CO

CACREP Accredited- September 1996 – May 1998

Bachelor of Arts in Psychology, Cum Laude, Metropolitan State College of Denver,

Denver, CO January 1993 - June 1996

Certificate in Spiritual Direction, Arizona Ecumenical Institute of Spiritual Direction,

Phoenix, AZ September 2005 – May 2007

**Credentials**

National Certification of Counselors - NCC Certificate Number 52781;

Expiration date: September 27, 2019.

Arizona Licensed Professional Counselor – LPC #14138

Expiration date: January 31, 2019.

AZBBH Board Approved Clinical Supervisor:

Expiration date: January 31, 2019.

**Continued Education**

Introduction to Substance Abuse ASIST Training

Stages of Change Cultural Competency

DBT – Introductory Workshop Road Map to Peace of Mind

General Assessors Training Ethics

Motivational Interviewing Workshops concerning Trauma-Informed Treatment

ASAM Criteria Clinical Supervisor Training: 12 hr. and 6 hr.

ASAM Training Modules 1, 2, & 3 Workshops on the use of expressive arts in the therapeutic Psychopharmacology environment.

Traumatic Brain Injury Certified Clinical Trauma Professional Training

Compassionate Bereavement Care Training and Certification

**Experience**

Journey to Peace Counseling Services, Mesa, AZ February, 2017 to the present

Independent Counseling Practice, *Licensed Professional Counselor*

Provides intake, assessment and treatment planning services for adults;

Provides psychotherapy utilizing various therapeutic modalities;

Coordinates care with other professionals as needed;

Terros Health, Phoenix, AZ October, 2015 – February, 2017

Terros Mesa Stapley LADDER site Manager

* Provided supervision, administrative support and assistance to LADDER staff.
* Supervised six staff and one intern.
* Supervised the day to day operations of a Day Treatment program for co-occurring disorders (30 hours per week); census averages between 20-26 clients daily.
* Completed monthly peer reviews for quality management purposes.
* Provided clinical supervision for two staff currently working toward independent licensure.
* Prepared and facilitated weekly staff meetings.
* Acted as a working manager and provided coverage for staff; included covering groups, completing assessments, and writing progress notes.
* Managed site budget and expenditures.
* Coordinated with Terros programs and other agencies for best client care.
* Provided training opportunities for staff.

Terros, Inc., Phoenix, AZ October, 2014 - October, 2015

Terros Director of Co-Occurring Programs (Co-location and LADDER)

* Provided supervision, administrative support and assistance to program managers.
* Supervised four managers; as well as up to nineteen staff.
* Provided oversight of census, consistency of program and referrals.
* Provided clinical supervision for staff working toward independent licensure.
* Completed quality management procedures on documentation completed by staff.
* Identified and outlined parameters for Key Performance Indicators for both the LADDER program and Co-location program.
* Reviewed curriculum and evidenced-based practices utilized in programs.
* Identified and developed relationships with potential referral sources.
* Worked with Quality Management to develop outcome measures for programs.
* Reviewed budgets and expenditures for each program.
* Completed administrative duties for each staff.
* Facilitated planning and management meetings.
* Co-facilitated trainings that were focused on co-occurring disorders.
* Provided coverage for managers when out of office.

Terros, Inc., Phoenix, AZ December, 2013 – October, 2014

Terros Co-location Program, *Licensed Professional Counselor*

* Completed assessments, treatment plans and monthly updates with managed care clients.
* Provided group and individual counseling services for individuals diagnosed with co-occurring disorders.
* Provided discharge planning and referrals to appropriate services for continuation of care.
* Collaborated care with clients managed care treatment team for coordination of care.
* Made appropriate referral recommendations to treatment team.
* Completed progress notes and other reports in a timely manner using ClaimTrak.
* Developed a co-location curriculum for the treatment of co-occurring disorders with the assistance of co-worker.
* Per request of co-workers, have staffed clients and provided feedback concerning clinical methods used for treatment.
* Per request of program manager, have served as a point of contact when needed.
* Provided direction to co-workers concerning procedures regarding documentation on ClaimTrak
* Facilitated collaboration of care between co-location and LADDER, outpatient and Maverick.

Terros, Inc., Phoenix, AZ March 2012 – November 2013

Terros LADDER program; *Licensed Clinician*

* Completed assessments, treatment plans and monthly updates with managed care clients.
* Provided group counseling services for individuals diagnosed with co-occurring disorders.
* Provided individual counseling services as needed for clients.
* Provided discharge planning and referrals to appropriate services for continuation of care.
* Assisted BHTs with job duties as needed.
* Provided outreach services and home visits as needed to clients.
* Collaborated care with clients managed care treatment team for coordination of care.
* Made appropriate referral recommendations to treatment team.
* Provided on-site collaboration of care for clients with co-workers as needed.
* Staffed clients with co-workers as requested.
* Completed progress notes and other reports in a timely manner using ClaimTrak.
* Completed administrative duties as assigned.
* Provided clinical supervision, including observation of groups to intern.

New Arizona Family, Inc., Phoenix, AZ June 2008 – April 2011

*Licensed Associate Counselor, Lead*

- Provided individual counseling services for co-occurring managed care recipients.

- Facilitated group counseling services for co-occurring managed care recipients.

- Collaborated with the recipient’s managed care treatment team for coordination of care.

- Made appropriate referral recommendations to treatment team.

- Completed progress notes and other reports in a timely manner using ClaimTrak.

- Increased and maintained productivity levels for employer at the direct care clinic site.

- Maintained caseload of 50+ recipients.

- Completed administrative duties according to employer requirements.

- Provided clinical support and feedback to BHTs assigned to the clinic.

Bright Alternatives Counseling, Peoria, AZ June 2006 – April 2008

*Licensed Associate Counselor*

- Completed mental health intakes and assessments using DSM-IV-R criteria.

- Provided individual counseling services for children, adolescents and adults from

diverse backgrounds.

- Provided counseling services for marital/couples and families from diverse backgrounds.

- Utilized various therapeutic techniques.

- Maintained case notes/files on each client.

- Made appropriate referrals to other providers.

The State of Arizona DES, Rehabilitation Services, Phoenix, AZ April 2002 – April 2003

*Vocational Counselor III*

- Provided a full range of vocational rehabilitation services, counseling and case management

to disabled adults and adolescents.

- Coordinated appropriate services for clients.

- Completed intakes, initial interviews and determined eligibility for services.

- Completed monthly progress reports in a timely manner.

- Assisted clients with identifying appropriate educational and/or employment goals.

- Evaluated assessments, psycho-educational assessments, transcripts, vocational

assessments and physical/occupational therapy assessments, as well as medical information.

- Developed educational and/or employment plans with clients.

- Monitored plan implementation and assessed progress with established goals.

- Assisted clients with writing disability accommodation requests.

- Taught vocational eligibility workshops for consumers.

The Consulting Network, Inc., Federal Way, WA September 1998-January 2001

*Vocational Rehabilitation Counselor*

- Provided vocational services and counseling in all aspects of worker’s compensation, including: employability assessments, transferable skills analysis, labor market surveys, job analyses, aptitude testing, early intervention to facilitate injured workers’ return to work, vocational plan development, monitoring plan implementation, job placement assistance and case management.

- Worked closely with community/vocational colleges and private employers to design and implement training programs to accommodate injured workers with various types of disabilities.

- Interfaced with attorneys, physicians and other medical staff, insurance claim’s managers, and employers to assist clients.

- Assessed client success in his/her vocational plan, provided support and assistance, advocated with the college/university when needed, as well as assessed adaptive technology needs and disability accommodations as required by law.

- Provided a full range of Chapter 31 vocational rehabilitation services and counseling to disabled Veterans, including disability assessments, identification of barriers, plan development, and placement.

- Provided career counseling services to the general public to include vocational testing, job seeking skills, resume’ writing and job interviewing skills.

Auburn Youth Resources, Auburn, WA September1998 – March 1999

*Counselor Extern*

- Provided mental health assessments using DSM-IV.

- Provided brief therapy utilizing client-centered, cognitive and behavioral modalities; worked

within a managed care environment.

- Provided counseling services for children, adolescents, adults and families from diverse

backgrounds.

- Utilized play therapy, expressive art therapy and other interactive techniques.

Denver Seminary Counseling Department, Denver, CO June 1997 – June 1998

*Graduate Assistant:*

- Screened, assessed, & assigned clients to clinic counseling interns and practicum students.

- Referred clients to other community services.

- Assisted professors with literature searches, grading, & other projects.

*Counseling Intern*:

- Completed a 700 hour internship according to CACREP standards.

- Provided psychotherapy for adolescents and adults from diverse backgrounds.

- Utilized client-centered, cognitive/behavioral and psychodynamic therapeutic modalities.

- Administered, scored & interpreted various assessment measures.

The Providence House, Denver, CO 1998

*Counseling Intern*:

- Provided psychotherapy for clients within a residential group home setting with dual diagnosis.

- Worked with a diverse population.

- Used a cognitive-behavioral approach.

- Led a support group for women.

Metropolitan State College of Denver (MSCD) Student

Development Center, Denver, CO 1994-1996

*Tutor - Social Sciences & Statistics*:

- Provided individual and group tutoring for students.

- Worked with a diverse population.

MSCD Psychology Department, Denver, CO 1995

*Teaching Assistant*:

- Coordinated and facilitated study groups.

- Taught study skills, test taking techniques, and time management skills.

- Provided individual tutoring for Statistics and Introduction to Psychology courses.

*Research Assistant*:

- Conducted literature reviews on pain, psychotropic medications & cognition.

- Conducted critical analysis of statistical research.

University of CO Health and Sciences Center, University

Mental Health Services, Denver, CO 1995

*Research Assistant*:

- Managed computer data system using Paradox database.

- Collected data from volunteer participants.

- Worked on two depression studies.

**REFERENCES**

Michelle Buhman-Livermore, LCSW, Program Director for

Co-location and LADDER programs.

Terros, Inc. (602) 460-2315, (602) 302-7731

Michiko Pepple, LPC, Co-location Program Manager

Terros, Inc. (602) 469-2033, (602) 302-7730

Darwyn Chern, MD, Vice President of Clinical Services and

Chief Medical Officer Partner’s in Recovery

(480) 621-0675