# Patrick Cayouette, LMSW

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**SUMMARY­­­**

Masters level professional with over 15 years of experience in the social work profession, demonstrating a flexible ability to achieve successful and effective partnership with diverse ages and populations in both clinical counseling and case management roles

**MASTERS & UNDERGRADUATE STUDIES**

**Roberts Wesleyan College Franciscan University of Steubenville**

*Master of Social Work, 2007* *B.S. Mental Health/ B.A. Social Work, 1999*

**EXPERIENCE**

**Marital Counselor (Per Diem)** January 2015 – Present

*MaritalCounseling.com*

* Offer marital support online through video conferencing to couples
* Educate clients and develop effective marital communications while physically separated and/or in distress
* Populations include military personnel, frequent business travelers and rural couples unable to meet in office settings

**Counselor** October 2011 – Present

*Agape Counseling Inc., Rochester, NY*

* Work in partnership with individuals, couples, families and groups
* Assess and create efficient and successful treatment goals, supporting life skills training and crisis-oriented needs, throughout short and longer term situations
* Implement therapeutic models, such as Schema, Family Systems and Cognitive-Behavioral therapies
* Specialize in male-specific interests including fatherhood challenges, addiction and relationship-building
* Work collaboratively with psychiatrists and various community resources complementing the therapeutic process

**Medical Social Worker (Part-time)** July 2014 – April 2016

*Visiting Nursing Association of Western NY, Geneseo, NY*

* Interview patients and their families regarding in-home medical needs following hospital discharges and/or changes in outpatient medical status
* Recommend and refer appropriate community supports to maintain home independence for patients, including: medical insurance management, financial concerns and higher-level-of-care needs
* Advocate with private and public supports to ensure long-term care plans for consistent quality of life including: respite care, day programs, transportation and daily in-home care

**Medical Case Manager**

*Lifetime Care: CompassionNet Program, Rochester, NY* June 2008 – May 2014

* Organized individualized support and services to families of children with life-threatening or terminal illnesses to obtain essential supportive and palliative care assistance
* Identified bio-psycho-social-spiritual treatment goals; provided advocacy and mediation for the family system with service providers of several disciplines and resources (interagency and within the community)
* Supported families throughout the death of a young family member and coordinated bereavement supports following the loss of their child or sibling
* Developed, planned and facilitated education and social events for the served population and local community agencies

## PREVIOUS EMPLOYMENT

**Intensive Family Therapist,** *TRI Group Corporation, Mt. Morris, NY*

April 2007 – January 2009

**Medical Social Worker,** *Highland Hospital, Rochester, NY*

April 2007 – September 2007

**Mental Health Social Work Aide (Case Manager),** *Livingston County Mental Health Services, Geneseo, NY*

September 2000 – April 2007

**Youth Minister/Religion Teacher,** *St. Anthony Church, Bunkie, LA*

August 1999 – August 2000

**Assistant in Daily Living Counselor,** *Windsor Independent Living Assoc., Windsor, CT*

Summer 1999

**ASSOCIATIONS**

**Catholic Social Workers National Association** - Member since June 2007

*National Director of Member Services* - November 2007 – August 2012

**Catholic Psychotherapist Association** – Member since June 2017

## PROFESSIONAL PRESENTATIONS

* *Understanding Social Work as a Vocation Using Catholic Social Teaching*

Catholic Social Workers National Association Annual Conference - June 2010

* *The Absent Father: The Impact of Uninvolved Fathers on Children and Society* Catholic Social Workers National Association Annual Conference - July 2013

## PROFESSIONAL DEVELOPMENT

* Certification in Sexual Addiction Therapy Candidacy
* New York State Department of Health SCREEN Certified (2011)

## ACTIVITIES/ VOLUNTEER WORK

* Parish Advisement Board, Our Lady of Mercy Parish, LeRoy, NY (present)
* Catechism Teacher, Our Lady of Mercy Parish, LeRoy, NY(2010-2015)
* Young Adult Ministry Advisory Committee member, Diocese of Buffalo (2010-2011)
* Young Adult Ministry Program leader, Our Lady Of Mercy Parish, LeRoy, NY (2010)
* Assistance with parish high school youth ministry program (1998-99, 2001, 2009-present)
* HOPE Youth Mentoring Program mentor, Livingston County, NY (2006 – 2009)