CURRICULUM VITAE

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# EDUCATION

* Ph.D., Counseling Psychology, University of Southern California, Los Angeles, 1990.
* M.S., Counseling Psychology, University of Southern California, Los Angeles, 1987.
* B.A., Psychology, University of California, Irvine, 1984.

# LICENSURE/CERTIFICATION

* Licensed Psychologist, State of California, PSY 12964, July 1992.
* Licensed Marriage and Family Therapist, State of California, MFT 27285, July 1990.
* BCN, Board Certified in Neurofeedback, Senior Fellow BCIA # 1229, January 1997.

# PROFESSIONAL PUBLICATIONS

* Magnificat Proclaims, Co-author, Magnificat Central Service Team, Inc. April 2015
* Rekindle Eucharistic Amazement, Co-author, Queenship Publishing Co., May 2007
* Translated a book, “Inner Healing” from Korean to English, Published by Catholic Times, May 2000
* Asian American men’s acculturation and gender role conflict. Psychological Reports, 1996, 79, 95-104.
* Asian American Men: Gender Role Conflict and Acculturation (Doctoral Dissertation, University of Southern California), September 1990.

# EXPERIENCE

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# PRIVATE PRACTICE

#  Garden Grove: Jan. 2000 to Present

 **Los Angeles: March 1999 to April 2023**

 **Anaheim: 1995 to December 1999**

* Integrated Clinical Services
* Population: Child, Adolescent, Adult, and Multi-Ethnic.
* Treatment Modality: Individual, Couple, and Family Psychotherapy and Neurofeedback
* Psychotherapy and Counseling ;

 Areas : Depression, Anxiety Disorder, Childhood Trauma/Abuse, Low Self-Esteem, Adolescent Issues, Marriage/Family, Divorce, Parenting Issues, and Christian Counseling.

* Neurofeedback

 Areas : ADHD, Autistic Spectrum Disorders, Learning Disability, PTSD, Depressive

 Disorder, Anxiety Disorder, Panic Disorder, Sleep Disorder, and Headaches.

* Psychological Evaluation and Testing

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# PROFESSIONAL COLUMNIST

### Woo Ri Radio, Los Angeles, CA February 2017 to October 2019

###  \* Talk Show on mental health services

### Radio Seoul, Los Angeles, CA June 2009 to March 2019

###  \* Talk Show on parenting and psychological issues

### Korean Gospel Broadcasting Co., Los Angeles, CA August 2001 to May 2014

###  \* Talk Show on Family Clinic and various parenting issues

### The Korea Daily, Los Angeles, CAAugust 1999 to July 2015

###  Writing articles regularly in the Education section on psychological, parenting, and family issues.

### FACULTY

###  *Trinity College of Graduate Studies, Anaheim, CA* January 1995 to December 2001

###  \* Teaching Psychology courses, including Multi-culturalism and Psychological issues, Maturity:

###  Emotional and Spiritual, and Developmental Psychology to graduate and doctoral students

\* Chair and Committee member for Doctoral Dissertations.

# CLINICAL CASE MANAGER July 1992 to January 1995

### *Managed Health Network, Inc., Los Angeles, CA*

* Assessment, evaluation, and coordination of in-patient psychiatric/CD cases.
* Psychiatric/CD case reviews, treatment and discharge planning.
* Application of appropriate community resources.

# EXECUTIVE DIRECTOR May 1992 to November 1994

*Orange County Korean Family Counseling and Legal Advise Center, Inc., Garden Grove, CA*

* Administration and public relations
* Supervision and training of OCKFCLAC staffs and volunteers
* Community based educational seminars and workshops
* Design and implementation of policy/procedure manual and technical training manual for OCKFCLAC.
* Team proposal efforts for various grants.
* Crisis management

CLINICAL CASE MANAGER October 1991 to July 1992

*Health Management Center, Inc., Cerritos, CA*

* Review of out-patient treatment planning and progress reports
* Quality control.
* Crisis intervention

MFT/PSYCHOLOGICAL ASSISTANT June 1989 to August 1991

*Affiliated Psychiatric Medical Group, Inc., Rosemead, CA*

* In-patient and out-patient population

 Psychosocial assessment and psychological evaluation

 Admission history and discharge summary

 Psychological testing

 Individuals, couple, family, and group therapy.

* Providing Group therapy

Adult Psychiatric Unit/San Gabriel Valley Medical Center, San Gabriel, CA

Intensive Care Unit/CPC Alhambra Hospital, Rosemead, CA

Adult Open Unit/CPC Alhambra Hospital, Rosemead, CA

PROFESSIONAL ACTIVITIES

Board of Director December 2013 to December 2019

 December 1994 to December 2000

 SCRC (Southern California Renewal Communities), Burbank, CA

Board of Director October 2000 to December 2004

 The Bethany Family, Inc., Los Angeles, CA

Board of Director June 1997 to December 2003

 FIAT Foundation, Inc., Anaheim, CA

 Chair, Public Relations committee

Advisory Board January 1997 to December 1999

 Edward Medical Community Foundation, Garden Grove, CA

Member, Multicultural Advisory Board January 1993 to December 1993

 Women’s Transitional Living Center, Orange, CA

Co-Chair, Managed Care Committee July 1992 to July 1993

 Los Angeles County Psychological Association, Los Angeles, CA

AWARDS/DISTINCTIONS

* Award of Commendation

 *Office of Los Angeles City Attorney, James K. Hahn, 1996.*

* Special Congressional Recognition

 *Member of the U. S. Congress, ED Royce, 1995.*

* Award of Merit

 *Garden Grove City Council, 1995.*

* Award of Merit

 *Orange County Korean Family Counseling and Legal Advice Center, Inc., 1995*

* Award of Appreciation

 *Orange County Korean American Association, 1995*

* Award of Appreciation

 *Orange County Korean-American Elderly Association, 1995*

* Subject of Biographical Record

 *Who’s Who of American Women, 1993-1994 Ed.*

* Educare Scholarship

 *University of Southern California, Los Angeles, 1989-1990.*

* Educare Scholarship

 *University of Southern California, Los Angeles, 1988-1989.*

* Educare Alumni Scholarship

 *University of Southern California, Los Angeles, 1987-1988*

PROFESSIONAL AFFILIATIONS

* American Psychological Association
* Association for Applied Psychophysiology and Biofeedback
* Victims Assistance Program of Orange County – Treatment provider

Excellent references upon request

PROFESSIONAL PRESENTATIONS

Depression and its counseling approach

 Life Line Ministry, Los Angeles, CA February 28, 2019

College Students’ Depression and Suicidal Behavior

 Ch. 18 “Prime News” TV Talk Show, Los Angeles, CA November 9, 2015

Dealing with Misbehavior in a Class Room

 Annual Training Seminar for Teachers

 Korean Institute of Southern California, Los Angeles, CA February 14, 2015

Helping Troubled Students in a Class Room

 Annual Training Seminar for Teachers

 Korean Institute of Southern California, Los Angeles, CA February 14, 2014

Parenting Skills and Attention

 Korean Language School in La Canada, CA November 23, 2013

Parenting Skills and Brain Fitness

 Korean Language School in Glendale, CA November 16, 2013

Middle Life Crisis and Coping Skills

 St. Thomas Korean Catholic Center, Fullerton, CA October 19, 2013

Career Assessment

Improving Your Attention and Brain Fitness

 “College Fair” sponsored by the Korean Daily, Fullerton, CA September 21, 2013

Career Assessment

Improving Your Attention and Brain Fitness

 “College Fair” sponsored by the Korean Daily, Irvine, CA September 15, 2012

Marital Communication

 St. Thomas Korean Catholic Center, Fullerton, CA May 1, 2012

Brain Function, Attention, and Neurofeedback

 Youngsan University, Busan, South Korea October 10, 2011

Career Assessment

Attention and Memory

 “College Fair” sponsored by the Korean Daily, Fullerton, CA September 17, 2011

Parenting Seminar

 St. Rafael Catholic Center, Norwalk, CA February 15, 2011

Career Assessment

Improving Your Attention

 “College Fair” sponsored by the Korea Daily, Fullerton, CA September 18, 2010

Discover Your Career

Assessment for Your Attention, Concentration and Memory

 “College Fair” sponsored by the Korea Daily, Fullerton, CA September 12, 2009

Discover Your Career

 “College Fair” sponsored by the Korea Daily, Fullerton, CA September 20, 2008

Parenting Skills

 St. Elizabeth Ann Seaton, Irvine, CA April 27, 2008

How to Improve a Parent-Child Relationship

 St. Thomas Korean Catholic Center, Anaheim, CA May 20, 2007

Improvement of Your Attention and Discovery of Your Aptitude

 The Korea Times, Garden Grove, CA July 26, 2006

Your Attention and Aptitude

 The Korea Daily, Los Angeles, CA June 29, 2006

Your Attention and Aptitude

 The Korea Daily, Los Angeles, CA June 28, 2006

Let’s Find Your Career

 The Korean Central Daily, Los Angeles, CA May 21, 2004 Radisson Resort Hotel, Buena Park, CA May 20, 2004

Improvement on Your Attention

 The Korean Central Daily, Los Angeles, CA May 15, 2003

 Radisson Resort Hotel, Buena Park, CA May 13, 2003

For Outstanding Academic Performance and Healthy Personality of Children

 The Korea Central Daily, Los Angeles, CA May 10, 2002

 Ramada Pacific Hotel, Garden Grove, CA May 9, 2002

College Major Selection Issues

 Sunny Hills High School, Fullerton, CA April 23, 2002

Emotional Intelligence

 The Korean Television Entertainment, Los Angeles, CA March 30, 2002

How to Manage Children’s Misbehavior

 The Korea Central Daily, Los Angeles, CA June 22, 2001

Lying Behavior of Children

 The Korean Television Entertainment, Los Angeles, CA May 17, 2001

Oppositional Defiant Disorder

 The Korean Television Entertainment, Los Angeles, CA May 10, 2001

Brain Characteristics and Its Learning

 The Korean Television Entertainment, Los Angeles, CA March 30, 2001

Counseling Skills-Training Class

 Shalom Life Line, Los Angeles, CA February 8, 2001

IQ and EQ

 Korean Health Information Center, Garden Grove, CA December 6, 2000

Nurturing Your Child’s Uniqueness

 St. Thomas Korean Catholic Church PTA, Anaheim, CA November 5, 2000

How to Develop Your Child’s Attention

 The Korea Central Daily, Los Angeles, CA October 6, 2000

Brain Fitness

 Korean Television Entertainment, Los Angeles, CA August 31, 2000

IQ and EQ

 Korean Television Entertainment, Talk Show, Healthy Life, Los Angeles, CA

 July 27, 2000

Attention Deficit Hyperactivity Disorder

 Korean Television Entertainment, Talk Show, Healthy Life, Los Angeles, CA

 March 28, 2000

About IQ and EQ

 The Korea Central Daily, Los Angeles, CA March 24, 2000

Midlife Crisis-Depression

 Korean Television Entertainment, Talk Show, Healthy Life, Los Angeles, CA

 March 20, 2000

Life Stress

 Korean Television Entertainment, Talk Show, Healthy Life, Los Angeles, CA

 March 16, 2000

Autism

 Korean Television Entertainment, Talk Show, Los Angeles, CA February 29, 2000

Korean-American Family

 Radio FM 93.5, Los Angeles, CA January 6, 2000

Panic Disorder

 Korean Television Entertainment, Talk Show, Los Angeles, CA December 30, 1999

Children’s Stress

 Korean Television Entertainment, Talk Show, Los Angeles CA December 23, 1999

Self-Confidence

 Radio AM 1190, Los Angeles, CA October 15, 1999

Bullying Behavior

 Korean Television Entertainment, Talk Show, Los Angeles, CA October 14, 1999

How to Build Up Self-Confidence

 The Korea Central Daily, Los Angeles, CA October 1, 1999

Menopause and Depression

 Korean Television Entertainment, Talk Show, Healthy Life, Los Angeles, CA

 September 30, 1999

Attention Deficit Hyperactivity Disorder

 Korean Television Entertainment, Talk Show, Los Angeles, CA September 29, 1999

Family Issues in Korean-American Community

 KCET TV, Los Angeles, CA September 24, 1999

Finding Your Child’s Talents

 The Korea Central Daily, Los Angeles, CA May 21, 1999

Sleep Disorder

 Korean Television Entertainment, Talk Show, Healthy Life, Los Angeles, CA

 May 10, 1999

ADD and Psychological Services

 Radio Korea, Los Angeles, CA May 6, 1999

Effective Bi-cultural Parenting Skills

 Korean Martyrs Catholic Center, Garden Grove, CA September 27, 1998

Introduction of EEG Biofeedback

 Korean Television Entertainment, 8 o’clock News, Los Angeles, CA May 19, 1998

Los Angeles-Seoul Talk Show

 FIAT Catholic Korean-American Scholarship Foundation, Inc.

 KCET TV, Los Angeles, CA May 8, 1998

Cultural Issues in Parenting

 Holy Trinity Korean Catholic Church, Glendale, CA November 2, 1997

Effective Bi-cultural Parenting Skills

 Korean Martyrs Catholic Center, Westminster, CA September 23, 1997

Multi-Cultural Issues in Counseling

 The Bethany Family, Inc., Los Angeles, CA June 14, 1997

Crisis Intervention and Post Traumatic Stress Disorder

 Victim Assistance Program, Office of Los Angeles City Attorney, Los Angeles, CA

 May 9, 1997

Meeting with Next Generation

 Radio AM 1190, Los Angeles, CA May 9, 1997

Psychological Issues and Health

 Edward Medical Community Foundation, Garden Grove, CA April 27, 1997

Effective Bi-Cultural Parenting

 St. Thomas Catholic Church, Anaheim, CA April 27, 1997

Effective Bi-Cultural Parenting

 Korean Martyr’s Catholic Center, Westminster, CA April 22, 1997

Healthy Acculturation, Unity, and Jesus Christ

 Religious Educational Congress, Anaheim Convention Center, CA February 15, 1997

Effective Bi-Cultural Parenting

 Association of Korean Language Schools, Los Angeles, CA December 7, 1996

Effective Bi-Cultural Parenting

 Han-Mi Korean Presbyterian Church, Duarte, CA July 21, 1996

Effective Bi-Cultural Parenting

 Holy Trinity Korean Catholic Church, Glendale, CA March 10, 1996

Effective Bi-Cultural Parenting

 St. Elizabeth Ann Seton Catholic Church, Irvine, CA February 25, 1996

Retrospect on Beijing World Conference on Women

 Radio AM 1190, Los Angeles, CA October 5, 1995

Introduction to Counseling Skills

 The Bethany Family, Inc., Los Angeles, CA August 5, 1995

Domestic Violence-Panelist

 Young Korean Resource Center, Garden Grove, CA April 27, 1995

Christian Faith, Psychology, and Shame

 TV Show “Alive” program with Fr. Michael Manning, S.V.D.,

 Trinity Broadcasting Network (TBN), Irvine, CA April 12, 1995

Effective Bi-Cultural Parenting

 PTA, Sunny Hills High School, Fullerton, CA December 8, 1994

Training Coursed for Para-Professional Counselors

 OC Korean Family Counseling and Legal Advice Center, Inc., Garden Grove, CA

 Sept. 21 to Oct. 19, 1994

About Pre-Marital Counseling

 Radio AM 1190, Los Angeles, CA August 1, 1994

Domestic Violence and Anger Management

 OC KFC & LAC, Garden Grove, CA July 19, 1994

The Call I Have Received

 Presentation of Witness Talk to 2500 audience

 1994 National Retreat for the Catholic Charismatic Renewal, National Service Committee,

 Santa Clara, CA June 24, 1994

Family and Toxic Shame

 TV Show with Fr. Michael Manning, S.V.D., The Faith and Values Channel (VISN)

 – Viewers over 21 Million Households, Riverside, CA May 20, 1994

Open Dialogue Between Parents and Children

 OC KFC & LAC, Garden Grove, CA May 20, 1994

Prevention and Intervention on Drug and Alcohol Abuse

 OC KFC & LAC, Garden Grove, CA March 25, 1994

Role and Status of Women in U.S.

 Radio AM 1190, Los Angeles, CA March 24, 1994

Family and Drug/Alcohol Abuse

 Radio FM 93.5, Los Angeles, CA March 16, 1994

Advanced Training Courses for Para-Professional Counselors

 OC KFC & LAC, Garden Grove, CA March 9 to April 6, 1994

Training Courses for Para-Professional Counselors

 OC KFC & LAC, Garden Grove, CA Feb. 2 to Mar. 2, 1994

Premarital Counseling – Know Your Partner before Marriage

 Radio AM 1190, Los Angeles, CA December 19, 1993

Intergenerational Dialogue – Panelist

 National Conference, The Changing Faces of the Korean-American Family

 Korean Family Counseling and Legal Advice Center & University f Southern California,

 Los Angeles, CA October 9, 1993

Self-identity, Family Communication, and Peer Pressure for Adolescent

 OC KFC & LAC, Los Angeles, CA June 23 to July 7, 1993

Effective Parenting Skills

 Cerritos Korean Church, Cerritos, CA June 12, 1993

Effective Parenting Skills

 Cerritos Korean Church, Cerritos, CA May 26, 1993

Teen’s Sexuality

 Radio AM 1190, Los Angeles, CA May 25, 1993

Effective Parenting Skills

 OC Korean American Association, Garden Grove, CA May 19, 1993

The Characteristics of Adolescent – Panelist

 PTA, Sunny Hills High School, Fullerton, CA May 11, 1993

Effective Parenting Training Class

 OC KFC & LAC, Garden Grove, CA April 14 to May 15, 1993

How to Improve Marital Relationship

 Lions Club of Orange County, Garden Grove, CA January 26, 1993

Effective Parenting Skills

 Korean American Association, Garden Grove, CA January 14, 1993

Career and Professional Life of Elizabeth J. Kim, Ph.D.

 Radio AM 1300, Los Angeles, CA December 9, 1992

Domestic Violence

 Radio AM 1580, Los Angeles, CA July 1, 1992