

Andrew Koumis

andrew@alpinefamilycounseling.com
719-649-1005

PROFILE SUMMARY

- Licensed Professional Counselor Candidate with 2 years of direct experience in the field of CMHC
- EMDR Trained and IFS Informed
- Effective leader & team-player with strong problem solving, organizational, & communication skills
- Self-motivated, flexible, & interested in seeking new & challenging opportunities
- Extensive education, background, and experience in the fields of psychology, philosophy, and theology

EDUCATION & CERTIFICATIONS

Master of Arts in Clinical Mental Health Counseling – Colorado Christian University, 2022

Pre-Theology Philosophy Certification – Bachelor's Degree Equivalent, Mount St. Mary's University, 2017

BS in Business Marketing & Minor in Information Systems, University of Colorado at Colorado Springs, 2008

PROFESSIONAL EXPERIENCE

Licensed Professional Counselor Candidate – 8/22 to present | Alpine Family Counseling, Colorado Springs, CO

- Started practice as an LPCC from the ground up with wife
- Engaged with families, couples, and individuals to assist in establishing a healthy system & adjusting to life
- Used active listening skills, rapport building skills, and Socratic method to enter into client's experience
- Encouraged clients to discuss their lives, helping them to develop insight into themselves or their relationships
- Employed the use of various therapeutic interventions such as EMDR, IFS, CBT, EFT, SFT, & Existential
- Engaged in professional development through weekly consultation group and supervision
- Maintained confidentiality of records relating to client treatment
- Marketed and networked with other therapists and individuals in the community

Counselor Intern – 8/21 to 7/22 | North Family Counseling, Colorado Springs, CO

- Engaged with families, couples, and individuals to assist in establishing a healthy system & adjusting to life
- Used active listening skills, rapport building skills, and Socratic method to enter into client's experience
- Encouraged clients to discuss their lives, helping them to develop insight into themselves or their relationships
- Employed the use of various therapeutic interventions such as IFS, CBT, EFT, SFT, & Existential
- Engaged in professional development through weekly consultation group and supervision
- Maintained confidentiality of records relating to client treatment

Director of Children's Catechesis & RCIA – 8/20 to 4/23 | St. Patrick Catholic Church, Colorado Springs, CO

- Supervised the education of students in kindergarten through 5th grade & RCIA Catechetical programs
- Researched, developed, & implemented new curriculum & lesson plans for PK-5 & RCIA programs
- Supervised & delegated to Youth Minister, RCIA team, and Children's Catechesis volunteers
- Prepared children each year within the classroom to receive First Reconciliation & First Holy Communion
- Developed & implemented supplemental classroom activities including educational videos & adoration
- Catechized parents with 12 hours of Sacramental Prep on First Reconciliation & First Holy Communion
- Catechized & prepared RCIA, RCIT, & RCIC catechumens to receive sacraments 4 different sacraments
- Planned & conducted meetings with FF staff to strategize & analyze effective methods of catechesis
- Executed MS & HS Faith Formation & Youth Nights when Directors needed assistance or were absent

Resource Navigator – 11/19 to 3/20 | Catholic Charities of Central Colorado, Colorado Springs, CO

- Resource to parish point of contacts for services provided by Catholic Charities & other agencies
- Assisted & documented referrals of individuals/families in need of a path towards self-sufficiency
- Coordinated a grant program for organizations to apply for up to \$2,500 to help the needy & vulnerable
- Tracked referrals, grants, distribution of materials, & parish ambassadors with Excel spreadsheets