

M. Cristina F. Lima, PhD, LMHC, LPC, LMFT, BCN

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Education

M.A., Theology	Student at Franciscan University of Steubenville, OH. Online Program.	Current
Ph.D., Counselor Education and Supervision	The University of North Carolina at Greensboro, NC. CACREP accredited program.	2012
Certificate, Women's and Gender Studies	The University of North Carolina at Greensboro, NC	2011
M.A., Counseling	East Tennessee State University, Johnson City, TN. Concentration in Marriage and Family Therapy.	2008
Specialist, Clinical Psychology	Federal University of Rio Grande do Norte, Natal, RN, Brazil.	2005
Specialist, Health Psychology	Federal University of Rio Grande do Norte, Natal, RN, Brazil.	2001
B.A., Psychology	Federal University of Rio Grande do Norte, Natal, RN, Brazil.	2001
B.A., Business Administration	Federal University of Rio Grande do Norte, Natal, RN, Brazil.	1993

Teaching Experience

Houston Graduate School of Theology, Houston, TX. Adjunct Assistant Professor of Cross-cultural Counseling in the Counseling Program. (Fall 2013 – Fall 2014)

Liberty University's Online Counseling Program. Adjunct Professor of Career Counseling, and Multicultural Issues in Human Services. (Spring 2013 – Spring 2014)

University of North Carolina at Greensboro, NC. Instructor of Helping Skills, responsible for all aspects of course preparation and execution including syllabus development, lecture preparation, and grading. (Fall 2011 and Spring 2012)

Farn – Faculdade Natalense para o Desenvolvimento do Rio Grande do Norte, Natal, RN, Brazil. Instructor of Projective Techniques in Psychological Assessment in the Undergraduate Psychology Program. (February - June 2007)

Saint Peter Seminary, Archdiocese of Natal, Natal, RN, Brazil. Instructor of Psychology of Religion in the Theology Program. (2005 – 2007)

Curriculum Development

Moses Cone Health System, Greensboro, NC. Developed and implemented a 4-day workshop for couples survivors of cancer. (February – March 2011)

National Board for Certified Counselors, Greensboro, NC. Created modules for on-line Continuing Education of Mental Health Facilitators. (2009 - 2010)

Counseling Experience

Private Practice – Counselor, providing therapy for couples and individuals, and neurofeedback for specific mental health conditions, Sugar Land, TX (January 2014 – April 2022), Destin, FL (May 2022 – present)

Rejoice Family Apostolate – Counselor, providing individual and couples therapy mostly to Spanish speaking population, Houston, TX. (June 2014 - June 2016)

FuelEd Schools – Counselor, providing individual and group therapy for teachers and administration staff of several schools, Houston, TX. (August 2014 – May 2015)

New Life Counseling Group – Provided counseling for children with behavioral problems and parenting training for their parents and/or guardians, Houston, TX. (January 2014)

St. Anthony's Hospital – Provided group therapy for psychiatric patients in partial hospitalization program, responsible for psychological evaluations, treatment plans, and progress notes, Houston, TX. (October – November 2013)

Sugar Land Center for Couples and Families – Provided therapy for couples, families, and young adults in a private practice setting, responsible for intakes, psychological evaluations, and progress notes, Sugar Land, TX. (May – November 2013)

Family Enrichment Clinic – Counseled individuals, couples, and families in private practice, Houston, TX. (September – November 2013)

Moses Cone Health System - Counseled cancer patients (inpatients and outpatients), psychiatric patients (inpatients and outpatients), provided couples therapy with survivors of cancer, and provided support for caregivers of cancer patients, Greensboro, NC. (August 2010 – May 2011)

Youth Village - Provided counseling to adolescents and their families in intensive in-home program, Johnson City, TN. (February – March 2009)

Watauga Baptist Association - Provided individual counseling to members of the community, Elizabethton, TN. (2008)

East Tennessee State University - Conducted therapy with families and adults, Johnson City, TN. (2008)

Private Practice - Provided individual and group therapy to adults, adolescents, and couples, Natal, RN, Brazil. (2002 – 2007)

Federal University of Rio Grande do Norte – Provided counseling services to low-income adults from the community in individual therapy, Natal, RN, Brazil. (2001, 2005)

Clinical Supervision

University of North Carolina at Greensboro, NC. Clinical Supervisor of Master's Students in the Counseling Program. (2010 - 2012)

Professional Presentations in Conferences

Catholic Psychotherapy Association (CPA) Annual Conference. Virtual Event (April 2021).

American Counseling Association (ACA) Conference. Cincinnati, OH (March 2013)

Southern Association for Counselor Education and Supervision (SACES) Conference, Savannah, GA (September 2012)

North Carolina Counseling Association Annual Conference, Greensboro, NC (February 2012)

Association for Counselor Education and Supervision (ACES) Conference, Nashville, TN (October 2011)

III Psychology Northeriograndense Week, Natal, RN, Brazil (August 2000)

VI Science, Technology, and Culture Week, Natal, RN, Brazil (October 2000)

Licenses and Certifications

LMHC - Licensed Mental Health Counselor (Florida)

LPC - Texas Board of Examiners of Licensed Professional Counselors

LMFT - Texas Board of Examiners of Marriage and Family Therapists

BCN - Biofeedback Certification International Alliance

Professional Affiliations

Catholic Psychotherapy Association (CPA)

International Society for Neurofeedback and Research (ISNR)

Book

Lima, C. (2019). *Entering into Friendship with God*. Sugar Land, TX: Lulu Publishing

Languages Spoken

Portuguese – native language

English – written and spoken fluently

Spanish – written and spoken fluently