Application for counselor position specializing in pornography addiction and recovery in adolescents with Integrity Starts Here! counseling practice.

**Research Interests**

* Pornography Addiction and Recovery
* Trauma-focused therapy
* Psychopathology (Bipolar Disorder, PTSD, Anxiety, and Depression)
* Adolescent therapy
* Spirituality and counseling
* Gender and sexuality issues within a Christian counseling context

**Education**

Divine Mercy University Arlington, VA (Online) 2019-2021

Master of Science in Clinical Mental Health Counseling 3.96 GPA

Temple University Philadelphia, PA 2012-2016

Bachelor of Arts in Psychology Honors Program 3.94 GPA, Magna Cum Laude

**Work Experience**

Counselor Philadelphia, PA September 2021-Present

Malvern Treatment Center – Inpatient Drug and Alcohol Rehabilitation

* Completed psychosocial assessments for incoming patients
* Formulated treatment plans and executed treatment plan updates
* Consulted family members, friends, PO’s, and social workers for collateral information
* Engaged community resources for patient’s continuing care (housing, IOP, PHP)
* Provided group, family, and individual counseling for SUD’s and dual diagnoses
* Facilitated process, psychoeducational, and psychosocial small (<12) and large groups (>30)

Intern Havertown, PA October 2020 – August 2021

Christian Counseling & Therapy Clinical Supervisor, Dr. Charles Zieders

* Conducted structured and semi-structured intake interviews with 16 clients
* Learned entrepreneurial skills through participation in a private practice setting
* Wrote or contributed to 6 psycho-diagnostic reports
* Counseled 24 clients

Line Worker/Assistant Manager Philadelphia, PA September 2019 – August 2021

*South Street Philly Bagels*

* Managed a team of between two-four workers as needed
* Cooperated with a team to ensure customer satisfaction
* Acted as liaison between customers, employees, and owner to keep all parties satisfied

Direct Care Provider - Perkasie, PA January 2019 – August 2019

*Palco, Inc*

* Followed behavior plan for a man with comorbid diagnoses (ASD, Bipolar I, ADHD)
* Trained new employees to follow behavior plan protocol
* Constructed play-therapy activities to help the client learn relationship-building skills

Non-Profit Missionary and Student Leader Burlington, VT       2016 - 2018

*FOCUS (Fellowship of Catholic University Students)*  University of Vermont

* Developed and maintained 35+ monthly donor relationships
* Planned and facilitated weekly process and psychoeducation groups in the following areas: discipleship, biblical study, and leadership training
* Cultivated intentional relationships with team members and students on campus
* Mentored 6 students in matters of spiritual and psychological growth and development
* Increased mentorship involvement by 400%
* Increased bible study attendance by 150%
* Developed, facilitated, and was a plenary speaker at weekend retreats each semester
* Participated in weekly business development on University of Vermont campus
* Led international mission trips to Honduras and Cambodia

**Certifications**

*ServSafe* – Training program in FDA and USDA guidelines and regulations for restaurants

*Archdiocese of Philadelphia* - Accountability awareness program for child abuse

*FOCUS Missions Department* – Educational course in leading international mission trips

*TH600 - Telepsychology & TeleMental Health 101 –* Continuing education in clinical, ethical and legal considerations of online psychotherapy

**Conferences and Courses**

Developmental Psychopathology: Risk and Resilience (COUN 600)

Assessment and Testing Across the Lifespan (COUN 620)

Addictions counseling (COUN 650)

Children and Adolescent therapy course (COUN 660)

Catholic Philosophy and Theology courses (PHT 513, PHT 523, PHT 533)

**Community Involvement**

*St. Agnes PREP ­* St. Agnes, Sellersville, PA 2018-2019

* Taught a religious formation course to 3rd graders

*Salvation Army* Burlington, VT 2016-2018

* Served monthly dinners and developed relationships with attendees

*Inside Out Prison-Exchange Program* Skippack, PA Spring 2015

* Discussed how to improve the criminal justice system with inmates in a state prison

*Urban Blazers* Philadelphia, PA 2013-2014

* Accompanied inner-city children on hikes to build self-esteem and self-efficacy

**Skills/Competencies**

* Assessment, diagnosis, and psychological report writing
* Spiritually-infused counseling
* Addictions counseling

**References**

* Dr. Charles Zeiders - [(610) 653-0151](https://www.google.com/search?q=charles+zeiders&source=hp&ei=va9UYojfDeOxggesk7d4&iflsig=AHkkrS4AAAAAYlS9zbp1nYUKiRUsx9HQb7Wl7lMp_ZOB&gs_ssp=eJzj4tZP1zcsSY-vNKgyNGC0UjWosLBMNks2MLE0TDU0tUw0NrUyqLBMS0y2NDRIS7Y0ME9JTk7y4k_OSCzKSS1WqErNTEktKgYAraoU_w&oq=charles+zeiders&gs_lcp=Cgdnd3Mtd2l6EAEYADILCC4QgAQQxwEQrwEyBggAEBYQHjICCCYyBQgAEIYDOg4IABCPARDqAhCMAxDlAjoOCC4QjwEQ6gIQjAMQ5QI6EQguEIAEELEDEIMBEMcBENEDOggIABCABBCxAzoOCC4QgAQQsQMQxwEQowI6EQguEIAEELEDEIMBEMcBEKMCOgUIABCABDoOCC4QgAQQsQMQxwEQ0QM6CAguELEDEIMBOgsILhCABBCxAxCDAToLCAAQgAQQsQMQgwE6CAguEIAEELEDOggIABCxAxCDAToOCC4QgAQQsQMQgwEQ1AI6CwguEIAEELEDENQCOgUILhCABDoICC4QgAQQ1AI6CAgAEIAEEMkDUOwFWO-lAWDIrwFoBXAAeAGAAYYCiAGnEJIBBTcuOC4ymAEAoAEBsAEK&sclient=gws-wiz)
* Ms. Deborah Rojas – (617) 633-6084
* Dr. Fred Boley – (573) 692-4126