

## **Emily Dowdell, Psy.D.**

9140 Flintwood Drive, OH 45030  
740-504-0529 | emilydowdell.psyd@gmail.com

### **License**

Ohio, P.08407, 10/2022-08/2024  
Rhode Island, PS01946, 4/2020-6/2024

### **Education**

Doctoral Candidate, Psy.D., Clinical Psychology 2014 – 2019  
Institute for the Psychological Sciences at Divine Mercy University (Arlington, VA)  
*Dissertation Defended October 1, 2018*  
*Degree Conferred August, 2019*

M.S., Clinical Psychology 2014 – 2017  
Institute for the Psychological Sciences at Divine Mercy University (Arlington, VA)

B.A., Multimedia Communications 2005 – 2009  
Franciscan University of Steubenville (Steubenville, OH)

### **Clinical Training & Postdoctoral Work Experience**

Psychologist 10/2022 - present  
Ruah Woods Psychological Services (Cincinnati, OH)

Psychologist, Director of Assessment, Mentor 05/2020 - 09/2022  
CatholicPsych Institute / IDDM (Westerly, RI)  
*Engaged in individual, family, and marital therapy sessions in an outpatient setting. Worked with men in a residential substance use program at Enders Island, providing supportive therapy to their addiction work. Engaged in telepsychology services with patients, including traditional therapy and mentorship. Developed a method for conducting psychological evaluations for clergy and religious discerners via telepsychology and conducted such evaluations. Engaged in administrative and operations work to analyze data for quality assurance and process improvement.*

#### Postdoctoral Fellow

Riverview Psychiatric Center (Augusta, ME) 08/2018 – 04/2020  
*Performed supervised intake, psychological, risk assessment, individual therapy, and group facilitation with severely mentally ill and forensic populations in need of long-term care in a state psychiatric facility. Developed and facilitated a weekly DBT Skills Training group and improved upon and facilitated a Competency Restoration group with individuals deemed Incompetent to Stand Trial. Involved in preparing materials for the APA accreditation process. Opportunity to supervise under supervision. Exposed to many aspects of hospital administrative work, working closely with the program director, including: analyzing data for department quality assurance and performance improvement goals.*

#### Psychology Intern

Riverview Psychiatric Center (Augusta, ME) 07/2017 – 08/2018

*Performed supervised intake and psychological assessment, individual therapy, and group facilitation with severely mentally ill and forensic populations in need of long-term care in a state psychiatric facility. Developed and facilitated a weekly DBT Skills Training group and improved upon and facilitated a Competency Restoration group with individuals deemed Incompetent to Stand Trial. Participated in a CMS audit for reaccreditation and involved in the APA accreditation process.*

Psychology Extern 06/2017 – 06/2018  
Psychiatric Institute of Washington (Washington, D.C.)

*Performed supervised psychological assessments and facilitated process-oriented and psychoeducation groups for severely mentally ill adults and adolescents in need of stabilization in a private inpatient hospital setting.*

Psychology Extern 07/2016 – 06/2017  
IPS Center (Arlington, VA)

*Performed supervised cognitive and personality assessments, individual, family, and marital therapy in an outpatient facility.*

Psychology Extern 01/2016 – 05/2016  
Phoenix Houses of the Mid-Atlantic (Arlington, VA)

*Performed supervised individual and group therapy for adolescent girls diagnosed with substance use disorders in need of residential substance use treatment.*

Psychology Extern, 08/2015 – 12/2015  
Community Support Services (Gaithersburg, MD)

*Facilitated behavioral and social skills groups for adults and adolescents with severe developmental disabilities, requiring residential care.*

### **Teaching Experience**

Teaching Assistant, PSY 836: Advanced Personality Assessment Spring 2018  
Institute for the Psychological Sciences (Arlington, VA)

Teaching Assistant, PSY 613: Personality Assessment Spring 2018  
Institute for the Psychological Sciences (Arlington, VA)

Teaching Assistant, PSY 608: Cognitive Behavioral Assessment Fall 2017, Spring 2018  
Institute for the Psychological Sciences (Arlington, VA)

Teaching Assistant, PSY 516: Basic Interviewing Fall 2016, Fall 2017  
Institute for the Psychological Sciences (Arlington, VA)

Guest Lecturer, *ADHD and Classroom Management* Fall 2016  
Blessed Sacrament School (Alexandria, VA)

### **Association Memberships**

International Society for the Study of Trauma & Dissociation	2016 – 2018
American Psychological Association of Graduate Students	2015 – 2018
APA Division 41: American Psychology-Law Society	2015 – 2018
APA Division 56: Trauma Psychology	2015 – 2018
Catholic Psychotherapy Association	2015 – present
Seminary Assessment CPA Special Interest Group, Secretary	2020 - present

### Professional Development

Catholic Psychotherapy Association - Previously Recorded Webinar <i>Assessing Sexuality and Sexual Behavior in Clergy and Clergy Candidates</i> Shannon Mullen, Ph.D.	01/08/2021
National Board of Forensic Evaluators, Inc.- Previously Recorded Webinar <i>Introduction to Comprehensive Psychosexual Evaluations</i> Tommy Black, Ph.D., LMHC, LPC, CFMHE	01/06/2021
Pearson - Live Webinar <i>MMPI-3 Overview</i> Yossef S. Ben-Porath, Ph.D.	12/10/2020
Catholic Psychotherapy Association - Live Webinar <i>Psychological Evaluations of Seminary Applicants: Moving from Common to Best Practices</i> Timothy Lock, Ph.D; Shannon Mullen, Ph.D; Anthony Isacco, Ph.D; Mark Glafke, Ph.D Christina Lynch Psy.D; Eric Gudan Psy.D	10/23/2020
Center for Trauma & Resiliency Studies – Arlington, VA <i>Treating Traumatized Families</i> , Benjamin Keyes, PhD, EdD <i>Treating Traumatized Children and Adolescents</i> , Benjamin Keyes, PhD, EdD <i>Treating Sexual Trauma</i> , Benjamin Keyes, PhD, EdD <i>Compassion Fatigue Stress Management</i> , Benjamin Keyes, PhD, EdD <i>Compassion Fatigue Therapist</i> , Benjamin Keyes, PhD, EdD <i>Psychological First Aid</i> , Benjamin Keyes, PhD, EdD <i>Grief and Loss</i> , Benjamin Keyes, PhD, EdD <i>Gestalt Experiential Workshop</i> , Benjamin Keyes, PhD, EdD <i>Using the HEART Model to Heal Sexual Trauma</i> , Benjamin Keyes, PhD, EdD <i>Disaster, Stress, and Field Traumatology</i> , Benjamin Keyes, PhD, EdD <i>Assessment and Treatment of PTSD</i> , Benjamin Keyes, PhD, EdD <i>Treatment and Intervention: Domestic Violence</i> , Benjamin Keyes, PhD, EdD <i>Treating Phobia and Anxiety with Trauma (EMDR Level 1)</i> , Benjamin Keyes, PhD, EdD	01/2017-06/2018
ISSTD 34th Annual Conference – Crystal City, VA <i>Understanding &amp; Treating Chronic Shame</i> , Richard Chefetz, MD & Martin Dorahy, PhD	03/2017
CatholicPsych Institute - Online <i>Introduction to Mindfulness</i> , Gregory Bottaro, PsyD	10/2016

International Society for the Study of Trauma and Dissociation – Online  
*Dissociation 101*, Christine Forner, MSW

10/15/2016

American Academy of Forensic Psychology - Alexandria, VA

11/2015

*Evidence for Psychologists*, David DeMatteo, JD, PhD, ABPP

*Evaluation of Competence to Stand Trial*, Candyce Shields, PhD, ABPP

*Assessing and Managing Violence Risk*, Mary Alice Conroy, PhD, ABPP

*Advanced Threat Assessment and Management*, Kostas A. Katsavdakakis, PhD, ABPP

*Police Officer Selection: Case Demonstrations*, David Corey, PhD, ABPP