

Life can be easier
with someone who
has your back!



Kay D. Metzler, M.A., LPCC, MFT
330-595-9006
www.B2AWellness.com

Reach out today for
Individual, Couple or
Family Counseling in
Akron\Green,
Cleveland, or
Wadsworth or
remotely anywhere
in Ohio.



BELIEVE ♦ 2 ♦ ACHIEVE
Wellness

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Wellness

Need an Advocate to Navigate Life's Trials?



Empowering you to find
peace on your life journey.

Call today to take a step in
a healthier direction.

*Yes, you are worth the
investment!*

- ◆ Mental health counseling focused on women, teens, kids & parents.
- ◆ Empowering you to learn how to battle anxiety, ADHD & trauma, especially during life transitions.
- ◆ Known for collaborating effectively with school & medical teams to distinguish between anxiety, ADHD, autism & trauma.
- ◆ Integrating a holistic approach with trusted specialists in women's health & chronic medical conditions towards a healthier lifestyle (often integrating hormone balancing & nutritional counseling).
- ◆ Grounding you in your faith and cultural traditions, if requested.

Call for a free consult:

Kay D. Metzler
*Licensed Professional Clinical Counselor,
Marriage & Family Therapist
School Counselor*

2623 S. Arlington Rd. Suite 6, Akron, OH 44319

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