

# Lisa Leopold, LISW-S, CTPP

Bethania Counseling, LLC

*To provide authentic integrated Catholic/Christian counseling using evidenced based therapeutic modalities in order to address the mental, emotional and spiritual needs of the person and families.*

## Education

- Cleveland State University: Masters in Social Work
- Engaged in continuing education the International Studies on Stress Trauma and Dissociation
- Level II trained in EMDR (continuing with certification and consultant status)
- Certifications in Cognitive Behavioral Therapy; Integrative Nutrition and Mental Health; Trauma

## Experience

**2022-2022 (8m) Grief/Trauma counselor/Cornerstone of Hope/Independence**

Provides grief and trauma counseling using evidenced based interventions such as CBT and EMDR. Facilitates murder loss support groups.

**2016-2022**

**Mental health counselor /Signature Health/ Willoughby**

Provision of mental health therapy services to individuals, primarily adults and adolescents utilizing evidence -based practices. Provides trauma based therapeutic approaches such as EMDR. Uses modalities such as cognitive behavioral therapy, grief counseling and solution focused therapeutic approaches in addition to EMDR.

2013-2016

**Crisis Intervention Specialist| Front Line Services | Cleveland**

Clinical assessments and coordination of services on suicide hotline for children and adults. Face to face evaluations in hospital settings and community. Provided referral and information services on hotline.

**Pre Transition Case Manager; Casual Intake and Eligibility Specialist; Care Star; Ohio Department of Medicaid**

Identification of applicants' community living potential. Ensure continuity of care and documentation. Coordination of services with team members from other agencies on a treatment plan for successful transition from institutional care to community living. Assessments provided in community and nursing homes for linkage to community- based health care services. Assessments provided addressed psycho- social and medical needs.

**Home Choice Coordinator and Intake Specialist; Connections: Health Wellness and Advocacy**

Position involved transitional coordination services (facilitating coordination of care between home and healthcare delivery systems, social services and housing), supportive coaching, marketing program to local nursing homes, tracking accounting expenditures and gains at agency level to factor costs/benefits of program, maintaining communications between state and agency regarding services to clients. Intake specialist involved mental health assessments for both adults and children.

**Alzheimer Program Director; Park East Care Rehabilitation Center; Beachwood**

Positive involved collaborative management with Unit Nurse Manager to supervise aspects of training and programming of staff. Provided education and training on behavior- based interventions and activity- based programming. Worked with marketing to provide outreach and education in the community. Responsible for documentation on residents.

**Rose Home Group Home Manager for Connections: Health Wellness and Advocacy**

Managed group home for elderly diagnosed with mental illness. Job responsibilities included: ISP reviews; development and implementation of programming for residents; hiring and training of staff; accurate and timely documentation of programming meeting

ODMH/CARF standards, working in collaboration to maintain budgetary guidelines, and reporting to Quality Council.

**Reminiscence Coordinator; Sunrise Assisted Living; Alexandria VA**

Position included staffing and training of staff. Responsible for development and programming for residents with Alzheimer's disease addressing their physical, psychological, spiritual and social needs. Addressing caregiver or family concerns.

**Nurse's Assistant; Hanover Terrace; Hanover NH**

**Religious Sister with Temporary Vows Missionaries of Charity 1988-1998**

Missionary work in the Bronx, NY; San Francisco CA; St. Paul Alberta Canada; Phoenix AZ; Washington DC; and Tijuana Mexico. These locations involved various ministries to the homeless, children, mothers and families. Experiences included teaching, running soup kitchens and shelters to the homeless and hospices.

## Awards & Acknowledgements

- Support Group Training for Alzheimer's Association 2003/2008
- Domestic Violence Core Training in 2007
- Franciscan University of Steubenville, BSW Cum Laude August 2002
- Program Evaluation conducted for Frontline Services on Heroin Addiction Information/Referral; results used to communicate needed services to the ADAMHS Board and the District Attorney meeting personnel in 2014
- Student Café Initiatives for Change (researcher) recognized by President Obama in 2011 and published in Ohio NASW newsletter
- Recognition of Christian Service by the Atlanta Archdiocesan Council of Catholic Women in 1988
- Teaches catechism to students in the PSR program in the parish.
- Attends Bible study at parish.