

"The human being is single, unique, and unrepeatable, someone thought of and chosen from eternity, someone called and identified by name." -- Saint John Paul II

You are the one-and-only manifestation of you, beautifully created for flourishing in relationship as your true self. Your sense of that self has been influenced and formed by many systems, including your family of origin, your extended family, friends, and even the wider cultural system. I will assist you in discovering your true self. Together, we will walk alongside each other as you work toward healing and growth.



Courtney Lipscomb, Graduate Student Intern Supervised by Leah McDill, PhD. LPC-S #13143

courtneylipscomb@nlcc1.com. 512.238.1700, ext.319 3000 Joe DiMaggio Blvd., Round Rock, TX. 78665

## About Courtney



Courtney is a married mother of three grown children who has lived for 18 years in the beautiful Texas Hill Country. She is passionate about helping individuals, couples, and families navigate through the inevitable ups and downs of living in relationship with one another while truly discovering one's unique self. Working from a systems approach, she journeys with adolescents, adults and seniors as they work to discover the source of anxiety, depression, and fears – without blame – to discover a new perspective defined by purpose and informed by hope.

In her spare time, Courtney enjoys listening to audiobooks while walking her two miniature Aussies. In addition to plenty of eggs, her two chickens, Click and Cluck, provide endless hours of chickenwatching fun. As an amateur chef, she can be found in her kitchen with great frequency, and she derives great pleasure from sharing a meal with loved ones and friends.

Discovery Perspective Purpose Hope

