

Darilyn Bixenman is a native Coloradan, married with three children. She has served in the counseling psychology field since 1993. Over the past 20+ years, she has worked in a variety of fields including adoption, HIV/AIDS, Emergency Mental Health, Community Mental Health and Private Practice. Darilyn also taught various psychology courses for ten years at Community College of Denver.

Currently, Darilyn has a private, Catholic psychotherapy practice in Littleton where she specializes in treating women and issues directly related to women's health. Her research has rooted itself in the arenas of depression and anxiety/trauma particularly in the under served female population.