**Debbie Barber**

Licensed Marriage and Family Therapist #102185

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(831) 840-4580

**Objective** Seeking a position that will utilize my clinical experience with individuals, children, adolescents,

couples and families as well as my skills in crisis intervention and situations

**Skills ~** Strong ability to relate to children and adolescents, as well as adults, parents, and administrators

~ Crisis Intervention

~ Excellent **communication** skills

**~** Commitment to providing an atmosphere of **trust and nurturing** in which people

feel safe and cared for

~ Skill as a compassionate **listener**

~ Strong **organizational** skills

**Work Experience**

**Licensed Marriage and Family Therapist-** Relational Resources Counseling Services, Aptos, CA

September 2017- Present

-Provide psychotherapy to children, adolescents, individuals, couples and families within the context

of private practice.

**Counselor/Case Manager-** Families Together, Encompass Community Services, Aptos, CA-

October 2017- Present

-Provide weekly counseling services to parents, teens, and children referred by Child Welfare

in order to support healthy family functioning. Provide Triple P parenting education, basic needs

and connections to community resources such as housing, daycare, and medical care.

**Clinician I Mobile Crisis Program –** Uplift Family Services (formerly EMQ), Campbell, CA

July 2016- October 2017

-Responded to Youth suicide, homicide, and gravely disabled Crisis calls from school

counselors, police officers, hospitals, parents, and family homes; assessed youth’s mental status and

current needs as related to the immediate crisis; provided therapeutic services to youth in order to develop

and implement a safety plan to stabilize the crisis; if youth unable to contract for safety or caregiver

unable to keep youth safe, facilitated a 5150 process and notify caregivers; provided education, referrals,

training, and therapy to youth’s significant support person(s) involved in current crisis to stabilize

crisis; ensured appropriate paperwork signed; documented clinical assessment.

**Mental Health Counselor (EPSDT Santa Cruz County)-** Pajaro Valley Prevention and Student

Assistance, Watsonville, CA

September 2014- June 2016

-Provided counseling and support services to children, adolescents and their families in school, home

and office settings; gathered and analyzed information on student’s presenting circumstances, social and

psychiatric history and/or immediate needs; responded to crisis situations; communicate and consult

with a variety of organizations and agencies to attain additional services for students and families;

participated in staff meetings, in-service trainings, conferences and workshops; participated as a team

member in case management conferences; maintained Medi-Cal (EPSDT) documentation in regards

to Mental Health Assessments, Treatment Plans and Progress Notes.

**Marriage and Family Therapist Intern-** Scotts Valley Counseling Center, Supervised by

Julie Carboni, LMFT, Scotts Valley, CA

March 2015- November 2015

-Provided psychotherapy services for children, adolescents, individual, and families

**Marriage and Family Therapist Intern-** Supervised by Deborah Hertzler-Walters,

LMFT, Scotts Valley, CA

November 2013 – April 2015

-Provided psychotherapy services for children, adolescents, individuals, and families

**Counselor/Case Manager-** The Camp Recovery Rehabilitation Center, Scotts Valley, CA

November 2013 – March 2014

-Provided case management and counseling services to adolescents and their families

in recovery from drug and alcohol addiction; provided connections to outpatient

services in the community.

**Counselor –** Pajaro Valley Prevention and Student Assistance, Inc. at Watsonville High School.

Sept 2012 **–** June 2013

-Provided counseling services to high school students for interpersonal

issues including but not limited to: substance abuse, child abuse, divorce, gang related issues, grief,

academic support, self-esteem, depression, anxiety, eating disorders, and suicidal issues.

**Substitute School Teacher, Pre-K - 12th grade -** Pajaro Valley Unified School District,

Mount Madonna Private School,Santa Cruz County Unified School District

Sept 2000 – Present

*-*Implementation of daily class lessons, practices, and assignments

**Certified Massage Therapist -** The Well Within Spa, Heartwood Spa

January 1991 – February 2013

-22 years of experience as a professional masseuse: Swedish Oil, Polarity Therapy,

Acupressure, Shiatsu, Anatomy and Physiology

-Trained to address the specific needs of pregnant and post-partum clients

**Massage Teacher -**Watsonville Community Hospital, Watsonville, CA 1997

-Taught massage techniques to pregnant couples in Childbirth Classes

**Group Home Counselor -** Group Home Society, Inc., Soquel, CA 1982

-Supervised and provided for the care, welfare, custody, and rehabilitation of 8 juvenile

wards of the court, planned and organized the program including activities of recreation,

housekeeping, clothing issuance, personal hygiene, meals, and social interactions,

managed home budget, logged daily behavior

**Vocational Education Counselor –** Dept. of Special Education, Santa Cruz, CA 1985

-Provided vocational testing, counseling, career exploration, job development and on-site

training for learning challenged high school students

-Maintained counseling logs, collected time cards and student evaluations from employers,

issued paychecks`

**Additional Work Experience**

-**Crisis Counseling** for Suicide Prevention of Alameda County, CA

-**Alcohol Rehabilitation Counseling** for Middleton State Hospital, New York

-**Youth Counseling** for New York State Migrant Farm Workers’ infant and pre-school

children

**Education M.A. Counseling Psychology – emphasis in Marriage and Family Therapy**

Palo Alto University, August 2013

**Bachelor of Arts, Psychology**

State University of New York, New Paltz, 1977 Cum Laude