**Debbie Barber**

Licensed Marriage and Family Therapist #102185

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**Objective** Seeking a position that will utilize my clinical experience with individuals, children, adolescents,

 couples and families as well as my skills in crisis intervention and situations

**Skills ~** Strong ability to relate to children and adolescents, as well as adults, parents, and administrators

 ~ Crisis Intervention

 ~ Excellent **communication** skills

 **~** Commitment to providing an atmosphere of **trust and nurturing** in which people

 feel safe and cared for

 ~ Skill as a compassionate **listener**

 ~ Strong **organizational** skills

**Work Experience**

 **Licensed Marriage and Family Therapist-** Relational Resources Counseling Services, Aptos, CA

 September 2017- Present

 -Provide psychotherapy to children, adolescents, individuals, couples and families within the context

 of private practice.

**Counselor/Case Manager-** Families Together, Encompass Community Services, Aptos, CA-

 October 2017- Present

 -Provide weekly counseling services to parents, teens, and children referred by Child Welfare

 in order to support healthy family functioning. Provide Triple P parenting education, basic needs

 and connections to community resources such as housing, daycare, and medical care.

**Clinician I Mobile Crisis Program –** Uplift Family Services (formerly EMQ), Campbell, CA

 July 2016- October 2017

 -Responded to Youth suicide, homicide, and gravely disabled Crisis calls from school

 counselors, police officers, hospitals, parents, and family homes; assessed youth’s mental status and

 current needs as related to the immediate crisis; provided therapeutic services to youth in order to develop

 and implement a safety plan to stabilize the crisis; if youth unable to contract for safety or caregiver

 unable to keep youth safe, facilitated a 5150 process and notify caregivers; provided education, referrals,

 training, and therapy to youth’s significant support person(s) involved in current crisis to stabilize

 crisis; ensured appropriate paperwork signed; documented clinical assessment.

 **Mental Health Counselor (EPSDT Santa Cruz County)-** Pajaro Valley Prevention and Student

 Assistance, Watsonville, CA

 September 2014- June 2016

 -Provided counseling and support services to children, adolescents and their families in school, home

 and office settings; gathered and analyzed information on student’s presenting circumstances, social and

 psychiatric history and/or immediate needs; responded to crisis situations; communicate and consult

 with a variety of organizations and agencies to attain additional services for students and families;

 participated in staff meetings, in-service trainings, conferences and workshops; participated as a team

 member in case management conferences; maintained Medi-Cal (EPSDT) documentation in regards

 to Mental Health Assessments, Treatment Plans and Progress Notes.

 **Marriage and Family Therapist Intern-** Scotts Valley Counseling Center, Supervised by

 Julie Carboni, LMFT, Scotts Valley, CA

 March 2015- November 2015

 -Provided psychotherapy services for children, adolescents, individual, and families

 **Marriage and Family Therapist Intern-** Supervised by Deborah Hertzler-Walters,

 LMFT, Scotts Valley, CA

 November 2013 – April 2015

 -Provided psychotherapy services for children, adolescents, individuals, and families

 **Counselor/Case Manager-** The Camp Recovery Rehabilitation Center, Scotts Valley, CA

 November 2013 – March 2014

 -Provided case management and counseling services to adolescents and their families

 in recovery from drug and alcohol addiction; provided connections to outpatient

 services in the community.

 **Counselor –** Pajaro Valley Prevention and Student Assistance, Inc. at Watsonville High School.

Sept 2012 **–** June 2013

-Provided counseling services to high school students for interpersonal

issues including but not limited to: substance abuse, child abuse, divorce, gang related issues, grief,

academic support, self-esteem, depression, anxiety, eating disorders, and suicidal issues.

 **Substitute School Teacher, Pre-K - 12th grade -** Pajaro Valley Unified School District,

 Mount Madonna Private School,Santa Cruz County Unified School District

 Sept 2000 – Present

 *-*Implementation of daily class lessons, practices, and assignments

 **Certified Massage Therapist -** The Well Within Spa, Heartwood Spa

 January 1991 – February 2013

 -22 years of experience as a professional masseuse: Swedish Oil, Polarity Therapy,

 Acupressure, Shiatsu, Anatomy and Physiology

 -Trained to address the specific needs of pregnant and post-partum clients

 **Massage Teacher -**Watsonville Community Hospital, Watsonville, CA 1997

 -Taught massage techniques to pregnant couples in Childbirth Classes

 **Group Home Counselor -** Group Home Society, Inc., Soquel, CA 1982

 -Supervised and provided for the care, welfare, custody, and rehabilitation of 8 juvenile

 wards of the court, planned and organized the program including activities of recreation,

 housekeeping, clothing issuance, personal hygiene, meals, and social interactions,

 managed home budget, logged daily behavior

 **Vocational Education Counselor –** Dept. of Special Education, Santa Cruz, CA 1985

-Provided vocational testing, counseling, career exploration, job development and on-site

 training for learning challenged high school students

 -Maintained counseling logs, collected time cards and student evaluations from employers,

 issued paychecks`

**Additional Work Experience**

 -**Crisis Counseling** for Suicide Prevention of Alameda County, CA

 -**Alcohol Rehabilitation Counseling** for Middleton State Hospital, New York

 -**Youth Counseling** for New York State Migrant Farm Workers’ infant and pre-school

 children

**Education M.A. Counseling Psychology – emphasis in Marriage and Family Therapy**

Palo Alto University, August 2013

 **Bachelor of Arts, Psychology**

State University of New York, New Paltz, 1977 Cum Laude