

DR. APRIL TONYA BROWN

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LICENSE AND CERTIFICATIONS

2020	American Association of Sexuality Educators, Counselors & Therapist (AASECT)
2016-2023	Board Certified-TeleMental Health Provider - 1038
2011-2021	Licensed Mental Health Counselor - MH 9682 and Qualified Supervisor
2019-2021	Florida Certified Sex Therapist
2015-2020	National Certified Counselor – NCC #644849
2000-2020	Guidance and Counseling (PK – 12) Certification - #831518

EDUCATION

MODERN SEX THERAPY INSTITUTES

West Palm Beach, Florida

2019 150 Hours of Sex Therapy Training

ARGOSY UNIVERSITY

Phoenix, Arizona

2014 Doctorate in Education in Counseling Psychology – GPA: 4.0
Dissertation Topic – Traditional and Nontraditional Students with Anxiety

FLORIDA STATE UNIVERSITY

Tallahassee, Florida

1998 Specialist in Education Degree in Counseling and Human Systems – GPA: 3.93
Majored in Mental Health and School Counseling in a CACREP Program

1998 Master of Science Degree in Counseling and Human Systems – GPA: 3.93
Majored in Mental Health and Counseling in a CACREP Program

1994 Bachelor of Science Degree – GPA: 3.44
Majored in Finance and Marketing

WORK EXPERIENCE

2005 – Present

Dr. April Brown, Inc. Cape Coral Therapists Vacation Counseling

Cape Coral and Fort Myers, Florida

Private Practice Mental Health Counselor, Qualified Supervisor, Florida Certified Sex Therapist, and Owner of Cape Coral Therapists and Vacation Counseling

- Provided over 5000+ effective hours of multicultural counseling and relationship and sex therapy to individuals (including adolescents, adults, and older adults) and couples.
- Conduct assessments, diagnose mental health disorders, provide evaluations, create treatment plans with clients to facilitate change and maintain client files
- Provide mental health and disability documents such as ESA documentations as needed
- Collaborate services with physicians to assist clients with medication needs
- Administer and evaluate standardized career and psychological inventories
- Supervise post-master mental health clinicians and assist them in their licensure process
- Create and teach professional development curriculum for interns
- Prepare and oversee marketing strategies, financial statements, and goals

2009 – 2016

Hodges University

Fort Myers, Florida

*Director of Counseling Services and ADA Coordinator
Mental Health Counselor*

- Counsel students on their psychological, vocational, and curriculum needs
- Manage and supervise career and mental health counselors
- Assess students' needs and develop and facilitate workshops and counseling groups based on students' needs and professors' requests
- Coordinate accommodations and services for students with disabilities and lead the Disability Support Services Committee
- Devise and utilize technology and online resources to provide counseling, career development, and disability services to the college students
- Develop and analyze qualitative and quantitative reports on services
- Educate students about resources according to their needs, organize various student and faculty meetings, and supervise counselors in higher education
- Work on the Clinical Mental Health Counselor Diversity Advisory Board for CACREP and the Diversity and the Institutional Effectiveness Committees
- Research legislative regulations and ethical guidelines on counseling practices and licensures and ADA accommodations.
- Serve as a guest lecturer for various CACREP master level classes and some undergraduate courses
- Conduct student and faculty orientations and develop student and employee manuals about counseling and disability services
- Chair the Tobacco-Free Committee to create a Tobacco-Free campus by 2017

Summer 2012

Richard Milburn Academy

Fort Myers, Florida

External Consultant

- Assessed their guidance department in relation to the standards set by the local school district
- Consulted on their process of reviewing transcripts and awarding credit and provide recommendations

2003 – 2009

Florida SouthWestern State College – Upward Bound Fort Myers, Florida

Instructor

- Taught students about the college planning process and assisted them in setting academic and career goals
- Presented college survival, career development, and counseling workshops at colleges and universities
- Initiated leadership-development activities for student groups at secondary and post-secondary schools

2000 – 2009

The School District of Lee County

Fort Myers, Florida

*Guidance Department Head and Testing Coordinator, 504 Coordinator
School Counselor*

- Researched and devised a school counseling curriculum
- Advised students on their educational progress and goals
- Facilitated the accommodation process for students with disabilities
- Researched, developed, organized, implemented, and directed curriculum, leadership, assessments, career, and diversity programs for students

- Evaluated and accommodated students' psychological and educational needs
 - Supervised school counselors and interns in k-12 schools.
 - Coordinated student, parent, and teacher conferences and meetings
 - Created master schedule of courses for middle and high school
- 1998 – 2000 **Florida International University** **Miami, Florida**
Career Services Coordinator
- Assisted students in resume writing, interviewing, and networking
 - Developed working relationships with employers and traveled nationally to recruit companies for career fairs, jobs, and internship opportunities
 - Created and facilitated “Rainbow of Diversity Networking Reception” for culturally diverse students and companies
 - Increased the attendance of schools and students participating in an annual law/grad fair by 30%
 - Developed and organized 17 events for college students in a six-month period
- 1998 – 1999 **Florida Prevention Association** **Tallahassee, Florida**
Researcher/ Workshop Facilitator/Consultant
- Researched, developed, organized, implemented, and directed curriculum, leadership, career, and diversity programs for students
 - Produced and operated recruitment and retention strategies for schools, universities, and businesses
- Spring and Summer 1998 **Tallahassee Community College** **Tallahassee, Florida**
Counselor Intern for Mental Health Counseling
- Developed and conducted peer student groups and workshops
- Fall 1997 **Lincoln High School** **Tallahassee, Florida**
Counselor Intern for School Counseling
- Assisted in the preparation of comprehensive treatment plans and individual learning plans for students
- 1996 – 1998 **Florida State University** **Tallahassee, Florida**
Graduate Assistant/Group Counselor for Mental Health
- Facilitated counseling groups for at-risk youth
 - Organized and analyzed psychosocial and educational assessments of children.
- 1995 – 1996 **Domino's Corporation** **Atlanta, Georgia**
Accountant
- Prepared, balanced, and evaluated financial statements for 27 stores.
 - Created and help computerized accounting systems
- 1994 – 1995 **Bankers United** **Atlanta, Georgia**
Marketing Manager
- Supervised, organized, and motivated sales teams to deliver services to the target market.
 - Promoted the sale of annuities through creating individualize portfolios that would meet the clients' needs.
 - Recruited new customers and employers by integrating their needs with services provided.

TV/RADIO/ AND PODCAST SHOW

2018 - Present

Host and Creator of *Bringing Intimacy Back* on www.bringingintimacyback.com

HONORS AND AWARDS

2018	Southwest Florida Black Girls Rock Women in Health Award
2010-2013	University Employee Scholarship for Doctoral Degree
2003-2004	Golden Apple Distinguished Teacher and Scholarship Recipient
2002-2003	Lee County Counselors' Association Counselor of the Year
1999	Florida International University Student Affairs Distinguished Performance Award for New Employee

RESEARCH AND CONFERENCES PRESENTATIONS AND MEDIA INTERVIEWS

2020	Shift Happens
2019	Better Sex Podcast
2019	Business 5in 5
2019	Midnight Secrets
2018	Chit Chat with a Therapist
2018	Career-Entrepreneurs
2018	Intimate Issues
2016	Counseling Students with Anxiety
2015	Panel Presentation on the Stigma of Mental Illness at Open Door/Open Minds
2015	Dissertation Presentation at the Online Virtual Psychology Research Conference
2014	Mental Health Literacy and Wellness in the African American Community
2014	Cross-Cultural Counseling
2013	Psychology of Diversity at Hodges University
2012	Area Resources: Reaching Underserved Elderly and Others with Comprised Mental Status in the Areas of Drug/Alcohol Use and Misuse – Conference
2011	Christian Anger Management for At-Risk Youth
2011	Working with Disruptive Students

PUBLICATIONS

Rollin, S., Rubin, R., Ward, D., Brown, A., Wright, J., Painter, C., & Scheckner, S. (1999). A success story of a working consortium: Project KICK. In *Serving Children and Families Through Community-University Partnerships* (pp. 75-79). Springer US.

PROFESSIONAL DEVELOPMENT TRAININGS

2019 Qualified Supervisor Continuing Education	2019 Emotional Support Animal Doc.
2019 Gender, Orientation, and Identity Issues	2019 Sexually Transmitted Infections
2019 Legal, Ethical, and Forensic Issues in Sex Therapy	2019 Sexual Abuse Treatment
2019 Developmental Sexuality	2019 Diagnosis of sexual dysfunctions
2019 Domestic Violence	2019 Medical Marijuana
2019 Trauma Model Therapy	2018 Medical Errors
2018 Ethics and Boundaries	2018 Burnout and Evidence Based Interventions
2018 Creative Couples Counseling Techniques	2018 Families in Crisis
2018 Incorporating Forgiveness into Counseling	2018 Black Hair and Mental Health
2018 The Impact of Trauma within African Americans	2018 Is there a book within you
2018 Animal Assisted Interventions and Theory	2018 Male survivors of child sexual abuse
2018 Counselors in the Courtroom	2018 Multicultural & Social Justice Competencies
2018 Suicidal Youth	2018 Interactions btw Sexuality & Relationships
2018 Sexual and Reproductive Anatomy and Physiology	2018 Diagnosis of Sexual Offending Behavior
2018 Treatment of Sexual Offending Behavior	2017 Medical Factors Relating so Sexual Factors
2017 From Grief to Healing	2017 Ethics and Boundaries
2016 Florida Review of Laws and Rules	2016 Distance Counseling in Florida

2016 National Distance Counseling Training
2016 Neuroscience: Treatment Options for ADHD
2015 Psychopharmacology
2015 ADA Coordinator Training
2015 Acceptance and Commitment Therapy
2014 Professional and Ethical Responsibility
2014 Psychotherapy Relationships That Work
2013 The Many Manifestation of Addiction
2013 Integrative Mindfulness
2012 Prolonged Exposure Therapy for PTSD
2011 Overview of Bereavement, Grief, and Mourning
2010 Psychodrama
2010 Technology and Tips for Counselors
2009 Psychotherapy
2009 Playing with the Idea of Play Therapy

2016 Drug-Free Treatment for Anxiety Disorders
2015 Codependency: A More Pervasive Disease
2015 Spirituality by Dianne Durante
2015 ACA Workshops
2014 Prevention of Medical Errors
2014 Substance Abuse and Prescription Pills
2014 Obstacles in Multicultural Counseling
2013 Building a Strategic Practice
2012 Domestic Violence
2012 Applying Marital Research to Couples
2011 DSM 5 – Diagnosis in Clinical Practice:
2010 Calling on Collaboration
2010 Reality Therapy
2009 Rapid Trauma Resolution

WORKSHOPS AND GROUPS CREATED AND FACILITATED

Domestic Violence and Sexual Violence
ADA Accommodations and Resources
Career Development and Job Search Skills
Diversity in the Workforce
Business Ethics and Civility
Study Skills and Time Management
The College 411- College Planning
Motivation and Goal Setting
What is a Healthy Relationship?
Anxiety and Mood Disorders
Sexual Harassment in the Workforce
Identity, Empowerment, and Social Justice

Multiculturalism for Counselors
Professional Development for Counselors
Positive Thinking - I Can
Parenting – The 411
Working with Disruptive Behaviors
Substance Use and Abuse
Healthy Mind
Managing College Stress
Anger Management Group
Grief Support Group
Stress and Anxiety Management Group
Positive Adult Learner Support Group

ORGANIZATIONS

Gulf Coast Mental Health Association
American Counseling Association
Florida Mental Health Counselors Association
American Counseling Association

Local Chapters of Businesswomen
Chamber of Commerce of Cape Coral
Florida Catholic Chamber of Commerce

BOARD LEADERSHIP

President of Gulf Coast Mental Health Association

Vice President of and Literacy For All

INTERESTS IN COUNSELING

Anxiety and Depression
Online and TeleMental Health
Multiculturalism and Spiritualism

Marriages and Relationships
Professional Development
Sex Therapy

WEBSITES

www.draprilbrown.com
www.fortmyerstherapist.com
www.bringingintimacyback.com
www.vacationcounseling.com