SUMMARY

Florida State Board Certified Psychiatric Nurse Practitioner with over 3 years of experience delivering high-quality care to patients in Psychiatric and addiction treatment settings. Proven leader effective at guiding nursing teams toward achieving patient care goals, improving satisfaction, and continuously supporting wide-spread healthcare system improvements. Focused on continuously advancing expertise in Psychiatry and mental health while driving innovation.

EDUCATION AND TRAINING

University of Arizona - Tucson, AZ **Doctor of Nursing Practice**: Nursing

08/2017-12/2019

Psychiatric Mental Health Nurse Practitioner Emphasis

• **Dissertation**: Implementation of the Adverse Childhood Experiences Screening Tool In An Outpatient Psychiatric Setting

Nova Southeastern University - Davie, FL

08/2013-12/2016

Bachelor of Science: Nursing

EXPERIENCE

Registered Nurse / Recovery First - Hollywood, FL

02/2020 - Current

- Managed patients for acute withdrawal, utilizing symptom management medications
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance the continuum of care to deliver comprehensive services.
- Educated patients and families on treatment strategies and at-home care.
- Administered oral, intramuscular, and IV medications to patients and monitored responses.
- Developed and adapted individualized treatment plans according to patient recovery goals.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.

PMHNP Student / 735 Clinical Hours - Sunrise, FL

01/2018 - 12/2019

Sunrise Psychiatric Associates (Sunrise):

- Assumed the role of a student psychiatric provider and provided patients with medication management and supportive therapy.
- Refined skills of assessment, diagnosis, planning, implementation, and evaluation from a provider perspective.
- Administered IM Vivitrol injections, as well as long-acting antipsychotics.
- Managed care of patients across the lifespan ranging from adolescents to geriatrics (11-80)

Medical Partners in Recovery (Boca):

- Assumed the role of a student psychiatric provider and assisted with the medical and psychiatric management of
 patients who are dually diagnosed and in recovery.
- Including but not limited to Bipolar, Anxiety, Depression, PTSD, and Eating disorders.
- Utilized supportive therapy and psychiatric assessment to improve patient outcomes.

Archways Behavioral Health Care Center (Fort Lauderdale):

- Assumed the role of a student psychiatric provider and provided medication management and care to patients across the lifespan.
- Utilized psychiatric assessment tools, and skills to manage medications and prevent adverse reactions.

Utilized evidence-based interventions to improve patient outcomes.

Registered Nurse / Broward Health Medical Center - Fort Lauderdale, FL

03/2017 - 12/2019

- 4 Southwest Wing: Fulfilled the duties of charge nurse on an inpatient geriatric psychiatric unit through assessment, diagnosis, planning, and implementation of nursing interventions.
- Assessed patient criteria for admission to the unit as charge nurse and intake manager.
- Provided competent care of both psychiatric and medical diagnoses.
- Utilized thorough assessment skills, and empathetic communication to improve patient outcomes.
- Fulfilled the duties of a registered nurse on an inpatient adult psychiatric unit through assessment, diagnosis, planning and implementation of nursing interventions.
- Employed non-violent deescalation tactics, as well as physical and chemical restraints when managing patients in acute crisis.
- Utilized thorough assessment skills, and empathetic communication to improve patient outcomes.
- Worked with ICE department to care for psychiatric illnesses of detainees.
- Fulfilled the duties of a registered nurse in a psychiatric emergency room utilizing comprehensive and swift assessment, diagnosis, planning, and implementation of nursing interventions.
- Managed crisis patient intakes from various hospitals, and determined admission to appropriate behavioral health units.
- Stabilized patients who were brought in for serious mental illness under Baker Act medically and psychiatrically.

ACTIVITIES AND HONORS

- Mary Opal Wolanin Outstanding Dissertation Award Recipient
- Sigma Theta Tau Honor Society of Nursing

SKILLS

- BLS certified
- Active Listener
- Leadership
- Time Management
- Interpersonal communication
- Technologically inclined
- Behavioral Health

- Interpersonal communication
- Diagnosis
- Geriatrics
- Leadership
- Medication management
- Electronic charting

CERTIFICATIONS

- APRN11007326
- RN9454078
- ANCC Board Certified Psychiatric Mental Health Nurse Practitioner (PMHNP)
- BLS certified