

IRENE LAGAN, MS, LPCA  
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## Profile

- Clinician with experience treating a wide range of mental health issues.
- Experience working with adolescents, young adults, and adults
- Trained in EMDR

## Counseling Experience

Counselor, CBHCC  
Counselor Intern, Marie Carter&Associates/ECCO  
Therapist, Palmetto-Summerville Behavioral Health  
Seton High School, Counselor  
Outreach, Salesian Outreach to victims of human trafficking.  
Brandon School, Art Therapist  
Mentor, MCI Correctional Institution Experience

## Work History

### Current

#### **Therapist, Core Counseling LLC**

- Provide Individual Therapy and family therapy for a range of issues including depression, anxiety, trauma, loss/grief, co-dependence, personality disorders, body image / eating disorders, Behavioral issues, Life transitions, interpersonal and family relationships, life transitions, personal development, and stress management.
- Conduct Biopsychosocial assessments.
- Establish Treatment plans in collaboration with clients
- Document therapeutic services according to Medicaid & Insurance standards

2/2018 - 3/2019

#### **Cognitive & Behavioral Health Center of Charleston, Charleston, SC**

- Provide Individual Therapy and family therapy for a range of issues including depression, anxiety, trauma, loss/grief, co-dependence, ADHD, Behavioral issues, Life transitions, adjustment, psycho-education, Coping skills, self-esteem, body image, chronic illness.
- Conduct Biopsychosocial assessments.
- Establish Treatment plans in collaboration with clients
- Document therapeutic services according to Medicaid & Insurance standards

1/2017-10/2017

#### **Therapist, Palmetto Summerville Behavioral Health – Summerville, SC**

- Provided individual, family and group psychotherapy
- Maintained a caseload of 10-12 children and adolescents with issues related to complex trauma at an long-term residential treatment facility.
- Planned & facilitated clinical groups 3x/weekly.
- Conducted Biopsychosocial assessments
- Documented therapeutic services according to Medicaid, Agency and Insurance standards
- Performed utilization reviews to demonstrate medical necessity for continued care
- Employed Evidence-Based Trauma therapy with a focus on DBT and TF-CBT.
- Maintained communication with collateral contacts, referral sources, community services, and parental or legal guardians
- Collaborated with an interdisciplinary team to formulate treatment plans tailored to address each clients' needs.
- Observed and monitored client behavior and responses to treatment.
- Case Management, Crisis Assessment & Prevention
- Kept abreast of new and developing information in the mental health field by regularly attending professional conferences and workshops.

**8/2017-4/2018**

**Therapist, Marie Carter & Associates/ E.C.C.O., Mount Pleasant, SC**

- Provide Individual Therapy, couples, and families at a Community Center in partnership with Marie Carter & Associates.
- Conduct Biopsychosocial assessments.
- Establish Treatment plans in collaboration with clients
- Document weekly clinical group according to agency standards.

**2012-2014**

**Independent Writing/Marketing Consultant - Maryland, DC**

- Contributed web-site content and articles for publications

**Counseling Intern, Seton High School - Bladensburg, MD**

- Conducted individual and group sessions with high-school age girls in a parochial high school.

**2010-2012**

**General Manager/ Producer, Huffines Media – Washington , D.C.**

- produced and delivered 2 programs/ week for DC based audience.
- Developed program proposals & marketing initiatives, including two on-air fundraising drives annually; Campaigns resulted in 40% increase in local funding.

**2006-2010**

**Broadcast Reporter, Vatican Radio – Rome, Italy**

- Researched, wrote and delivered daily world news broadcasts for Vatican Radio World News Program in English.
- Provided translations of Vatican events for English-speaking audience.
- Conducted interviews with religious, political and other leading figures.

**Salesian Outreach to Victims of Human Trafficking - Rome, Italy**

- Provided outreach to victims of human trafficking on the outskirts of Rome
- Coordinated respite for individuals willing to cooperate with legal authorities.
- US State Department Training to coordinate services for victims of human trafficking
- Global Majority/UN Mediation Training Seminar - Amman , Jordan (2009)

**2003-2006**

**Director, Groupe-Developpement; (subsidiary of Air France Foundation)**

- Developed initiative to serve the needs of people living near the TX/Mexico border.
- Acton University Economics and Public Policy (2006)
- Trained in collaborative efforts to end child prostitution and slavery.

**2001-2003**

**Adjunct Instructor, Pepperdine University, Washington, D.C.**

**Writer & Reporter, Arlington Catholic Herald**

- Researched and Wrote several articles weekly for the *Arlington Catholic Herald*.
- *Tertio Millennio* Economics for Free Society Seminar, Poland, (2003)
- Travel writing series on poverty and social justice

**1999-2001**

**Managing Editor, National Catholic Bioethics Center**

- Managed publishing of *Ethics&Medics* quarterly academic newsletter.
- Researched and wrote articles for publication

**Education**

Health Coaching Certification Program, MUIH, Laurel, MD.

Master of Science: Clinical Psychology, Institute for Psychological Sciences, Virginia

STB: Theology, Pontifical University of Saint Thomas Aquinas - Rome, Italy

Master of Arts, Philosophy, Franciscan University of Steubenville, Ohio

**Affiliations/Other**

SCPA, ACA, SCALP, EMDRIA (currently in certification process), LPC#7392

