

*"Counseling which is faithful to the teachings, values, and traditions of the Catholic Church."*

Gratia Plena is a 501(c)(3) nonprofit organization which opened in February 2012 for mental health and addictions counseling, designed especially for service to the Catholic community. However all are welcome at Gratia Plena!

The founder and director of Gratia Plena is Texas psychologist Dr. Ken Buckle.

We ask St. Dymphna and our Blessed Mother Mary to be the spiritual leaders of Gratia Plena.

**Call (832) 532-0129 OR go to**  
[www.gratiaplencounseling.org](http://www.gratiaplencounseling.org)  
**for information and appointments.**

**Thérèse Office (headquarters)**  
**10707 Corporate Drive, Suite 135**  
**Stafford, Texas 77477**

**Cabrini Office**  
**1100 NASA Parkway, Suite 103**  
**Houston, TX 77058**

**Sacred Heart Office**  
**704 Old Montgomery Road**  
**Conroe, TX 77301**

# Gratia Plena

**Counseling and spiritual direction that are faithful to the teachings, values, and traditions of the Catholic Church.**



THERE IS NO HIGHER  
SELF-ESTEEM THAN  
TO KNOW YOU'RE  
A CHILD OF GOD



**"Only in Christ can men and women find answers to the ultimate questions that trouble them. Only in Christ can they fully understand their dignity as persons created and loved by God. Jesus Christ is "the only Son from the Father...full of grace and truth."**

**- Saint John Paul II**  
**From 1993 World Youth Day in Denver**

## \*The 4 Marks of a Catholic Counseling Organization

1. A Christian inspiration not only of individual counselors but of the counseling organization itself,
2. A continuing reflection of the Catholic faith upon the healing of emotional, spiritual, intellectual, and relational suffering caused by mental illness and addictions,
3. Fidelity to the Christian message as it comes to us through the Church, and
4. An institutional commitment to the service of the people of God and of the human family in their pilgrimage to the transcendent goal which gives meaning to life.

*\*Slightly adapted from the four essential characteristics of the Catholic university as outlined by Saint John Paul II in **Ex Corde Ecclesiae**.*

## Donations

Donations are an **essential** part of our organization. Individuals and organizations can make a tax deductible donation to Gratia Plena. Your donation may start recovery for a mother or a father who is drinking or using drugs. Your donation may bring healing to a marriage on the brink of divorce. Your donation could provide hope to someone who is considering suicide. When it comes to assessing fees for our services, we see **social justice** as our guiding principle. Please visit our website to make donations and know that your donation makes a huge impact on someone's life!

## Look us up! Like & Follow!



### Our Services

- Assessment & Evaluation
- Individual, Marriage, and Family Therapy
- Spiritual Direction
- Clinical Supervision & Training
- Community Education & Prevention
- Organizational Consultation

### Our Goals

- To prevent, reduce or relieve human suffering
- To promote the dignity of those with mental illness or addiction
- To keep families strong and together
- Service to the community
- Resource for priests and deacons
- Resource for Catholic organizations
- Personal psycho-spiritual growth of the organization's counselors
- Services of high quality
- Develop students who can effectively serve as future Catholic counselors
- Even though our focus is on serving Catholics, we accept clients of all backgrounds and faiths.
- ***We have never turned anyone away for inability to pay.***

Contact Us:

**Thérèse Office (headquarters)**  
10707 Corporate Drive, Suite 135  
Stafford, Texas 77477

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drken@gratiaplenacounseling.org

[www.gratiaplenacounseling.org](http://www.gratiaplenacounseling.org)