

Mary Ann Hayes, LCSW-C

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Education

M.S.W.	The University of Maryland	1987
M.S. ~ Education	Syracuse University	1977
B.S. ~ World Religion	Hartwick College	1974

Experience

- Private Practice, Bethesda, MD 1991-present
Provide psychotherapy to young adults, adults and couples with various psychological, developmental and life transition issues such as depression, anxiety, trauma, and relationship difficulties using psychodynamic, cognitive-behavioral and interpersonal techniques.
- Alpha Omega Clinic, Bethesda, MD 2003-present
Provide faith-based psychotherapy to adolescents, young adults, adults and couples consistent with Catholic anthropology.
- Shady Grove Counseling Center ~ Rockville, MD 1989-1991
As a member of the Eating Disorder Program treatment team, provided individual and group psychotherapy for individuals diagnosed with anorexia, bulimia and compulsive overeating.
- Mental Health Associates, Hyattsville, MD 1987-1989
Provided psychotherapy to individuals, couples and families with various psychological and developmental problems. Co-led psychotherapy groups for young adults.
- University Health Center, The University of Maryland 1986
As an MSW intern, provided counseling and psycho-education to undergraduate and graduate students. Provided individual and group psychotherapy to students struggling with eating disorders. Provisional Director of counseling center for a semester while the Director was overseas.

Professional Development

- Certified Clinical Social Work Supervisor 2009
- Relationship Enhancement Training 2007
- Psychosynthesis Counselor Training Program 1983-1986

Affiliations/Memberships

- National Association of Social Workers
- Catholic Psychotherapy Association
- Greater Washington Society of Clinical Social Workers
- Third Order Discalced Carmelite (OCDS)

References

- Art Bennett
President & Chief Executive Officer
Catholic Charities of the Diocese of Arlington. Phone: 703-841-3830
- Kathleen Gallagher, LCSW-C
Director, Alpha Omega Clinic, Bethesda, MD. Phone: 301-767-1733
- Carolyn Hansen, LCSW-C, Owner/Director
Kairos Counseling & Education Center of Maryland. Phone: 301-986-1479 x7