



Peaceful families are created with Love and Logic parenting

How do I get started with Love and Logic?

You can begin your parenting training by registering for an upcoming workshop or individual private coaching sessions for parenting skills training customized for your family.

How much time do I have to invest and is it hard to learn?

The Love and Logic tools are easy to learn and you can begin using them immediately. Your customized parent coaching will enable you to become a calm and confident parent in as little as 4-6 weeks. You will be amazed as your children stop arguing and start making good choices.



♥ **Parenting the Love and Logic Way!**

♥ **Early Childhood Parenting Made Fun!**

Transform your parenting in as little as 4-6 weeks!

Love and Logic parenting offers parents tools and techniques for raising responsible children while taking the stress out of parenting. Parents learn to manage their own emotions and learn to have empathy for their children.

Call or email me today to schedule your free 30 minute consultation!

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Connected Hearts Parenting

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Parenting is the most important job you will ever have! Having the right tools in place can make a huge difference in the peace and happiness that you experience in being a parent.

In my work, I find that most parents are challenged in finding appropriate ways to handle misbehavior without frustration and anger. Many parents are confused about how to set limits with their children and how to enforce these limits.

Children that are raised the Love and Logic way, become more responsible and learn that their choices have natural and logical consequences. The consequences teach them real life lessons as they learn from their mistakes. Love and Logic tools are perfect for strong willed children. Parents learn tools to share control within limits and build a better relationship with their child.

With **empathy** as the foundation of Love and Logic, the focus of parenting is on the relationship between parent and child which creates a healthy attachment, and peaceful home.

“We didn’t know what a peaceful home was, until we began using the Love and Logic tools and saw the changes in our children. They were so much happier and we were no longer yelling, but actually enjoying being parents! We are so grateful for the tools and training we received in our workshop.” C.G.

- ♥ ***“I love you too much to argue”***
- ♥ ***“I will listen to you when your voice is as calm as mine”***
- ♥ ***“You may choose to put your coat on yourself, or you may choose for me to put it on you.***



I am a State of Illinois/Nevada licensed Marriage and Family Therapist.

I received my Masters in Counseling Psychology from Regis University in Denver, Colorado, and my certification in Divorce and Family Mediation from DePaul University in Chicago, Illinois. I am a nationally certified instructor/facilitator for the Love and Logic Curricula.

My career has been dedicated to helping families create peaceful homes. In teaching parents how to connect using healthy tools for communication, love and empathy, they become calm and confident, and have fun parenting!