

WENDY CONCEPCION

(714) 589-5112

WendyConcepcion.MFT@gmail.com

EDUCATION:

Master of Science – Counseling

January 1994 California State University Fullerton – Fullerton, CA

Thesis – The Effects of Maternal Incarceration on Children

Bachelor of Arts – Sociology

May 1989 Biola University – La Mirada, CA

LICENSE AND AFFILIATION:

Marriage and Family Therapist License MFC34651 Expires November 30, 2019
February 1998 - California Board of Behavioral Sciences

Catholic Psychotherapy Association, Clinical Member

CLINICAL EXPERIENCE:

Marriage and Family Therapist/Owner 1/2020-present

Joy Filled Life Family Counseling – Tustin, CA

- Provides counseling to clients in a private practice setting

Telephonic EAP Counselor 10/2010 – 1/2020

Beacon Health Options (formerly ValueOptions Inc.) - Cypress, CA

- Completes clinical assessments and provides solution focused counseling and referrals to clients with a wide-range of presenting issues via telephone and video.
- Provides crisis incident debriefing.
- Specialties include Christian counseling, grief and loss, marital, family and parenting issues and workplace stress.
- Collaborates amongst team and with various departments to ensure seamless quality of care for clients.
- Developed and presents training for new Care Managers.

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EAP Clinical Care Manager

8/2007-10/2010

ValueOptions Inc. - Cypress, CA

- Completed clinical assessment and appropriate referrals for Employee Assistance Program members.
- Collaborated with school personnel to design individualized treatment goals and provided resources for effective symptom resolution.
- Provided crisis intervention and case management.
- Worked collaboratively with Mental Health and Higher Level of Care Teams to connect member with proper resources.

Clinical Director

2/2003-8/2006

Rossier Park School (formerly College Park School) - Buena Park, CA

- Hired, trained, supervised and evaluated mental health clinicians, speech and language pathologist and nursing staff to work with at-risk students.
- Provided clinical supervision for up to 8 MFT interns
- Developed and presented inservice trainings on a wide variety of topics for professional development of school staff.
- Trained and supported other school staff in behavior management and problem-solving skills.
- Worked with administrative team to develop school programs, policies and procedures and staff training.
- Managed parent and student crisis situations
- Worked collaboratively with outside agencies to provide better in-house and transitional services to students.

Clinical Therapist

11/2000-2/2003

College Park School - Buena Park, CA

- Provided crisis and on-going individual and group counseling to Kindergarten through transition-aged students. Performing crisis assessments, treatment planning and case management.
- Wrote IEPs, Behavior Intervention Plans, Behavior Support Contracts to address students goals and progress
- Collaborated with teaching staff to develop effective classroom behavior programs.

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Assistant Clinical Director

3/1999-11/2000

Drake Institute of Behavioral Medicine - Irvine, CA

- Performed diagnostic evaluations, created treatment plans and promoted enrollment and retention in treatment program
- Provided brief solution-focused individual, marital and family therapy
- Instructed parents in creating and implementing behavior modification systems and using positive reinforcement
- Collaborated with school personnel to design individualized treatment
- Collaborated with school personnel to design individualized treatment goals and provided resources for effective symptom resolution
- Administered and coached patients in neurofeedback and stress biofeedback treatments

Children's Services Team Leader

8/1997-2/1999

Tri-City Mental Health Center - Pomona, CA

- Hired, trained, supervised and evaluated clinicians and case managers
- Provided individual, family and group counseling to clients in a variety of settings, including public schools, counseling clinics and client's home.
- Promoted and increased collaborative relationships with DCFS, psychiatric hospitals, local school districts and foster family agencies
- Developed materials and presented trainings for agency staff and community education.
- Created and implemented Intensive-In-Home Treatment Program

Adolescent Day Treatment/Outpatient Therapist

10/1995-7/1997

Tri-City Mental Health Center- Pomona, CA

- Developed and co-led daily program for Severely Emotionally Disturbed adolescents. Treating a wide variety of disorders such as substance abuse, severe mental illness, social and learning problems.
- Provided outpatient individual, family and group counseling to children and their families in the clinic, at their homes and in school
- Public service education to city councils, teen groups, PTAs and child care staff.
- Served on multiple agency wide committees and task forces

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Case Manager

12/1993-10/1995

Olive Crest Treatment Center - Redlands, CA

- Provided counseling and crisis management to group home residents, covering a variety of issues such as sexual and physical abuse, substance abuse and suicidal/homicidal thoughts. Provided group and individual therapy.
- Developed and implemented staff trainings.

Marriage and Family Therapy Intern

12/1992-12/1993

Mariposa Women's Center - Orange, CA

- Counseled children, adolescents, adults and families
- Led adolescent support group at continuation high school. Group focused on prevention of substance abuse and relationship issues
- Provided counseling and behavior management skills to children in Orange Unified School District
- Co-led Parenting Classes

PROFESSIONAL TRAININGS DEVELOPED AND PRESENTED:

- Feeling Crispy? Avoid Burnout and Increase Satisfaction Using Small Habit Changes – December 2014, ValueOptions National Clinical Training Webinar
- The 5 Love Languages in the Classroom – August 2005
Rossier Park School Staff Training
- Personality Styles in the Classroom – August 2004
Rossier Park School Staff Training
- Basic Behavior Management in the Classroom – August 2003- 2005
Rossier Park School Staff Training

RECENT PROFESSIONAL DEVELOPMENT:

- Behavioral Health Screening Tools – Relias Learning, March 2019
- Ethical and Legal Guidelines for Telehealth – Relias Learning, March 2019
- Telehealth in Clinical Practice – Relias Learning, December 2018
- Best Practices for Delivering Telehealth – Relias Learning, December 2018
- Rewire the Anxious Brain: Neuroscience-Informed Treatment of Anxiety, Panic and Worry – PESI, May 2018
- Solution-Focused Therapy – Relias Learning, December 2017
- Motivational Interviewing – Relias Learning, December 2017
- Advanced Strategies Motivational Interviewing – Relias Learning,

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- Ethics for Counselors, Net CE – October 2017
- Food for Thought: How Nutrients Affect Mental Health and the Brain – Institute for Brain Potential, April 2017
- Stress, Resilience and Happiness – Institute for Natural Resources, March 2017
- Transforming Grief and Loss: Strategies to Help Your Clients through Major Life Transitions- PESI, November 2016
- SBIRT and Motivational Interviewing for Substance Abuse - ORCAS, September 2016
- The Habits of Happy People – Institute for Brain Potential, October 2015
- Cultural Issues in Mental Health Treatment – Relias Learning, September 2015
- Grief and Loss - Relias Learning, September 2015
- Family Psychoeducation: Introduction to Evidence-Based Practices - Relias Learning, August 2015
- California Legal and Ethical Issues for Mental Health Clinicians – PESI, April 2015
- Cognitive-Behavioral Therapy: The basics of helping people get better – Cross Country Education , March 2015

REFERENCES:

Trevor Wilkerson MA, LPC
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Clinical Manager

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Linda Sinnott, Ed. D., LPC, LMHC
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Clinical Therapist
(561) 808-5093